

MASTER OF ARTS (Applied Psychology)

The Master of Arts (Applied Psychology) aims to produce graduates who will become leaders in the field of psychological practice.

It is designed to provide theoretical knowledge and research insights as well as practical skills to interested individuals who have the pre-requisite qualifications to train as specialists in the fields of Educational Psychology, Counselling Psychology and Clinical Psychology. Students will be able to register with the Singapore Register of Psychologists upon graduation.

PROGRAMME STRUCTURE & CONTENT

The programme offers three specialisations and successful applicants are only offered one specialization and cannot switch specializations during the course of the programme.

Awards at the National Institute of Education are structured in terms of Academic Units (AU). The Master of Arts (Applied Psychology) comprises 57 AUs. The 57 AUs include 5 core courses, 3 or 4 specialisation core courses, three practicums, and a dissertation. Students may also choose to take a maximum of two optional courses.

The program structure is as follows:

Programme	AUs
5 Core Courses	13
3 or 4 Specialisation Core Courses	11
Practicum 1 @ Workplace	9
Practicum 2	9
Practicum 3	9
Dissertation	6
Minimum Total AUs for Graduation	57
Optional Courses (3-AUs each) * (Maximum of 6-AUs)	3 - 6

**Optional courses will appear in students' transcripts.*

COURSEWORK

Depending on specialization, students are required to complete a minimum of 8 to 9 courses (24-AU) in total: 5 core courses and 3 or 4 specialisation core courses. The courses may range from 13 hours to 52 hours in the 13 week-semester in which they are offered. 1-AU courses are typically completed over 2 full 6.5-hour days in the week during the first or second week of the semester. 2-AU courses could be conducted on a weekly basis over three to four weeks. while 3 and 4 AU courses will be conducted over the 13-week semester.

In addition to the above, students may also take up to two optional courses worth 3-AUs each. Do note that these optional courses do not count towards graduation requirements.

PRACTICUM

Students are also required to complete three practicum placements (27-AUs), of which the first practicum must be completed in their existing workplace from January to 30 October during the first year of study. Students will also clock practicum hours during coursework assignments with real clients and special activities in NIE.

DISSERTATION

Students must write a research-based dissertation (6-AU) of between 12,000 to 15,000 words.

PROGRAMME OVERVIEW:

Core Courses			AUs
Students must complete all five core courses			
MAP810 Psychological Assessment			3
MAP819 Psychological Disorders Across the Lifespan			3
MAP902 Research Methods and Statistics in Applied Psychology			4
MAP903 Ethical Issues in Psychological Practice			1
MAP904 Integrated Psychopharmacology: Bridging Medicine and Psychology			2
Specialization Core Courses			
Students must complete all specialisation core courses in their respective specialisations			
<i>Educational Psychology</i>	<i>Counselling Psychology</i>	<i>Clinical Psychology</i>	
MEP913 Psychoeducational Assessment for Educational Psychologists	MCP909 Theories of Counselling and Advanced Counselling Skills	MLP913 Psychological Testing for Clinical Psychologists	4
MEP820 Behavioural Interventions for Special Needs	MCP821 Cognitive Behavioural Management and Interventions	MLP821 Cognitive Behavioural Management and Interventions	3
MEP824 Multi-Tiered System of Support (MTSS) to Build Success in Literacy	MCP812 Group Dynamics and Counselling	MLP909 Psychotherapeutic Interventions for Clinical Psychologists	3

MEP900 Basic Counselling Skills for EPs	MCP900 Mental Health Assessment		1
<p style="text-align: center;">Optional Courses (Not required for graduation) <i>Students may only take up to 2 of the five available optional courses.</i></p>			
MCP815 Family and Marital Counselling			3
MCP913 Psychological Testing for Counselling Psychologists			3
MEP926 Identifying Disabilities and Cognitive-Behavioural Interventions in Educational Psychology			3
MEP820 Behavioural Interventions for Special Needs			3
MLP823 Complex Traumatic Stress in Children and Adolescents			3
MEP931 Practicum in Educational Psychology I @ Workplace <i>Duration:</i> 1 year / 2 semesters <i>Site:</i> Student's workplace & Coursework <i>Supervision:</i> 60 hours of group supervision	MCP931 Practicum in Counselling Psychology I @ Workplace <i>Duration:</i> 1 year / 2 semesters <i>Site:</i> Student's workplace & Coursework <i>Supervision:</i> <ul style="list-style-type: none"> - 50 hours of group supervision - 30 hours of individual supervision 	MLP931 Practicum in Clinical Psychology I @ Workplace <i>Duration:</i> 1 year / 2 semesters <i>Site:</i> Student's workplace & Coursework <i>Supervision:</i> <ul style="list-style-type: none"> - 30 hours of group supervision - 30 hours of individual supervision 	9
MEP932 Practicum in Educational Psychology II <i>Period:</i> 1 semester <i>Site:</i> NWC, External Site & Coursework <i>Supervision:</i> <ul style="list-style-type: none"> - 15 hours of group supervision - 45 hours of individual supervision 	MCP932 Practicum in Counselling Psychology II <i>Duration:</i> 1 semester <i>Site:</i> NWC, External Site & Coursework <i>Supervision:</i> <ul style="list-style-type: none"> - 21 hours of group supervision - 30 hours of individual supervision 	MLP932 Practicum in Clinical Psychology II <i>Duration:</i> 1 semester <i>Site:</i> NWC, External Site & Coursework <i>Supervision:</i> <ul style="list-style-type: none"> - 36 hours of group supervision - 30 hours of individual supervision 	9
MEP933 Practicum in Educational Psychology III <i>Period:</i> 1 semester <i>Site:</i> NWC, External Site & Coursework <i>Supervision:</i>	MCP933 Practicum in Counselling Psychology III <i>Period:</i> 1 semester <i>Site:</i> NWC, External Site & Coursework <i>Supervision:</i>	MLP933 Practicum in Clinical Psychology III <i>Period:</i> 1 semester <i>Site:</i> NWC, External Site & Coursework <i>Supervision:</i>	9

<ul style="list-style-type: none"> - 15 hours of group supervision - 45 hours of individual supervision 	<ul style="list-style-type: none"> - 19 hours of group supervision - 30 hours of individual supervision 	<ul style="list-style-type: none"> - 24 hours of group supervision - 30 hours of individual supervision 	
Dissertation			6

Note 1: NIE reserves the right to change course study plans and timetables due to staff availability and student demand – particularly in the case of optional courses.

Note 2: Practicum 1 @ Work lasts 9.5 months from mid-January to 30 October for all first year students. Practicums 2 and 3 last 6 months each, from January to June and July to December. Practicum 2 and 3 grades are always submitted in the following semester.

Note 3: Dissertation planning is not a formal course but it is included in the study plan to emphasise the importance of allocating time for this task.

STUDY PLANS

The programme is designed to be completed in a maximum of 3.5 years for *full-time* candidates and a maximum of 4.5 years for *part-time* candidates

Suggested study plans for full-time and part-time students follow:

Key:

*Practicum hours obtained via coursework assignments with real clients to be clocked under Practicum 1 @ Work

^Practicum hours obtained via coursework assignments with real clients to be clocked under either Practicum 2

Full-time Educational Psychology Track			
January Semester (13 Weeks)		August Semester (13 Weeks)	
<u>Semester (13 Weeks)</u>		<u>Specialisation Core</u> <u>(2-full days in first week of semester):</u>	
Year 1	Core:	MEP900 Basic Counselling Skills for Educational Psychologists*	
	MAP903 Ethical Issues in Psychological Practice		
	MAP810 Psychological Assessment*	Specialisation Core (13 Weeks):	
	MAP902 Research Methods and Statistics in Applied Psychology	MEP913 Psychoeducational Assessment for Educational Psychologists*	
	MAP819 Psychological Disorders Across the Lifespan*	MEP820 Behavioural interventions for Special Needs*	
Practicum 1.1 @ Workplace		Practicum 1.2 @ Workplace & NIE PDS	

	Dissertation Confirm Dissertation Supervisor. Write research proposal Apply for IRB	Dissertation Write dissertation Chapters 1 & 2 Collect data
		<u>July to December</u>
	Core: MAP904 Integrated Psychopharmacology: Bridging Medicine and Psychology Specialisation Core: MEP824 Multi-Tiered Systems of Support (MTSS) to Build Success in Literacy [^]	OPTIONAL Course: - MCP823 Complex Traumatic Stress for Children - MEP926 Identifying Disabilities and Cognitive Behavioural interventions in Educational Psychology. - MCP815 Family and Marital Counselling
Year 2	<u>January to June</u>	
	Practicum 2 @ NWC/External Site	<u>July to December</u>
	Dissertation Write Chapter 3 Analyse data	Practicum 3 @ External Site Dissertation Write Chapters 4 & 5 Submit dissertation for examination

Part-time Educational Psychology Track		
	January Semester	August Semester 2 (13 Weeks)
	Core: MAP810 Psychological Assessment* MAP902 Research Methods and Statistics in Applied Psychology Practicum 1.1 @ Workplace Dissertation Confirm Dissertation Supervisor. Write research proposal	<u>First Week of Semester (2-full days)</u> Specialisation Core (2 Full-Days): MEP900 Basic Counselling Skills for Educational Psychologists* Specialisation Core (13 Weeks) MEP820 Behavioural interventions for Special Needs* Practicum 1.2 @ Workplace & NIE PDS Dissertation Apply for IRB Write dissertation Chapters 1 & 2
Year 1		
	Core: MAP903 Ethical Issues in Psychological Practice MAP819 Psychological Disorders Across the Lifespan [^]	Specialisation Core: MEP913 Psychoeducational Assessment for Educational Psychologists [^] OPTIONAL: MEP926 Identifying Disabilities and Cognitive-Behavioural Interventions in Educational Psychology
Year 2		

Dissertation
Write Chapter 3
Collect data

Dissertation
Write Chapter 4
Analyse data

Year 3	<p>Core: MAP904 Integrated Psychopharmacology: Bridging Medicine and Psychology</p> <p>Specialisation Core: MEP824 Multi-Tiered Systems of Support (MTSS) to Build Success in Literacy[^]</p> <p>January to June</p> <p>Practicum 2 @ NWC/External Site</p> <p>Dissertation Write Chapter 5</p>	<p>July to December</p> <p>OPTIONAL Course:</p> <ul style="list-style-type: none"> - MCP823 Complex Traumatic Stress for Children - MCP815 Family and Marital Counselling <p>Practicum 3 @ External Site</p> <p>Dissertation Finalise and submit for examination</p>

Full-time Counselling Psychology Track		
	Semester 1 (Jan)	Semester 2 (Aug)
Year 1	<p><u>Semester (13 Weeks)</u></p> <p>Core: MAP903 Ethics in Psychological Practice</p> <p>MAP810 Psychological Assessment</p> <p>MAP819 Psych Disorders Across the Lifespan*</p> <p>MAP902 Research Methods and Statistics in Applied Psychology</p> <p>Practicum 1.1 @ Workplace</p> <p>Dissertation Confirm Dissertation Supervisor. Write research proposal Apply for IRB</p>	<p><u>Semester (13 Weeks)</u></p> <p>Specialisation Core: MCP909 Theories of Counselling and Advanced Counselling Skills*</p> <p>MCP821 Cognitive Behavioural Management and Interventions*</p> <p>MCP900 Mental Health Assessment for Counselling Psychologists.*</p> <p>Practicum 1.2 @ Workplace & NIE PDS</p> <p>Dissertation Write dissertation Chapters 1 & 2</p>

	<u>Semester (13 Weeks)</u>	<u>Semester (2-full days)</u>
Year 2	<p>CORE: MAP904 Integrated Psychopharmacology: Bridging Medicine and Psychology</p> <p>Specialisation Core: MCP812 Group Dynamics and Counselling*</p> <p>OPTIONAL: MCP815 Family and Marital Counselling</p> <p>Dissertation Collect data Write Chapter 3 Analyse data</p> <p><u>January to June</u></p> <p>Practicum 2 @ NWC & External Site</p>	<p>OPTIONAL:</p> <ul style="list-style-type: none"> - MCP913 Psychological Testing for Counselling Psychologists - MCP823 Complex Traumatic Stress for Children - MEP926 Identifying Disabilities and Cognitive Behavioural interventions in Educational Psychology. - MEP820 Behavioural Interventions for Special Needs <p>Dissertation Write Chapters 4 & 5 Submit dissertation for examination</p> <p><u>July to December</u></p> <p>Practicum 3 @ External Site or Workplace</p>

Part-time Counselling Psychology Track		
	January Semester (13 Weeks)	August Semester (13 Weeks)
Year 1	<p>Core: MAP810 Psychological Assessment*</p> <p>MAP902 Research Methods and Statistics in Applied Psychology</p> <p>Practicum 1.1 @ Workplace</p> <p>Dissertation Confirm Dissertation Supervisor. Write research proposal</p>	<p>Specialisation Core: MCP909 Theories of Counselling and Advanced Counselling Skills*</p> <p>MCP821 Cognitive Behavioural Management & Interventions*</p> <p>Practicum 1.2 @ Workplace & NIE PDS</p> <p>Dissertation Apply for IRB Write dissertation Chapters 1 & 2</p>

Year 2	<p>Core: MAP903 Ethical Issues in Psychological Practice MAP819 Psych Disorders Across the Lifespan^</p>	<p>Specialisation Core: MCP900 Mental Health Assessment for Counselling Psychologists^</p>
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Specialisation Core:	
MCP812 Group Dynamics and Counselling^	Dissertation Analyse Data Write Chapter 4
Dissertation Write Chapter 3 Collect data	
Semester (13 Weeks)	Semester (13 Weeks)
Core: MAP904 Integrated Psychopharmacology: Bridging Medicine and Psychology	OPTIONAL Course:
OPTIONAL: MCP815 Family and Marital Counselling	- MCP913 Psychological Testing for Counselling Psychologists
	- MCP823 Complex Traumatic Stress for Children
	- MEP926 Identifying Disabilities and Cognitive Behavioural interventions in Educational Psychology.
	- MEP820 Behavioural Interventions for Special Needs
Year 3	
January to June	July to December
Practicum 2 @ NWC & External Site	Practicum 3 @ NWC / External Site
Dissertation Write Chapter 5	Dissertation Finalize and submit for examination

Full-time Clinical Psychology Track	
Semester 1 (Jan)	Semester 2 (Aug)
Semester (13 Weeks)	Semester (13 Weeks)
Core: MAP903 Ethics in Psychological Practice	Specialisation Core: MLP913 Psychological Testing for Clinical Psychologists*
MAP810 Psychological Assessment	MLP821 Cognitive Behavioural Management and Interventions*
MAP819 Psychological Disorders Across the Lifespan*	
MAP902 Research Methods and Statistics in Applied Psychology	
Practicum 1.1 @ Workplace	Practicum 1.2 @ Workplace & NIE PDS
Dissertation	Dissertation Write dissertation Chapters 1 & 2

Confirm Dissertation Supervisor.
Write research proposal
Apply for IRB

	<u>Semester (13 Weeks)</u>	<u>Semester (2-full days)</u>
Year 2	<p>CORE: MAP904 Integrated Psychopharmacology: Bridging Medicine and Psychology</p> <p>Specialisation Core: MLP909 Psychotherapeutic Interventions for Clinical Psychologists[^]</p> <p>Dissertation Collect data Write Chapter 3 Analyse data</p> <p><u>January to June</u></p> <p>Practicum 2 @ NWC & External Site</p>	<p>OPTIONAL Course:</p> <ul style="list-style-type: none"> - MCP823 Complex Traumatic Stress for Children - MEP926 Identifying Disabilities and Cognitive Behavioural interventions in Educational Psychology. - MEP820 Behavioural Interventions for Special Needs - MCP815 Family and Marital Counselling <p>Dissertation Write Chapters 4 & 5 Submit dissertation for examination</p> <p><u>July to December</u></p> <p>Practicum 3 @ External Site or Workplace</p>

Part-time Clinical Psychology Track

	January Semester (13 Weeks)	August Semester (13 Weeks)
Year 1	<p>Core: MAP810 Psychological Assessment*</p> <p>MAP902 Research Methods and Statistics in Applied Psychology</p> <p>Practicum 1.1 @ Workplace</p> <p>Dissertation Confirm Dissertation Supervisor. Write research proposal</p>	<p>Specialisation Core: MCP 821 Cognitive Behavioural Management & Interventions*</p> <p>Practicum 1.2 @ Workplace</p> <p>Dissertation Apply for IRB Write dissertation Chapters 1 & 2</p>
Year 2	<p>Core: MAP903 Ethical Issues in Psychological Practice</p> <p>MAP819 Psych Disorders Across the Lifespan[^]</p> <p>Specialisation Core:</p> <p>Dissertation Write Chapter 3 Collect data</p>	<p>Specialisation Core: MCP913 Psychological Testing for Clinical Psychologists[^]</p> <p>OPTIONAL: MCP823 Complex Traumatic Stress in Children and Adolescents</p> <p>Dissertation Analyse Data Write Chapter 4</p>

	<u>Semester (13 Weeks)</u>	<u>Semester (13 Weeks)</u>
	Core: MAP904 Integrated Psychopharmacology: Bridging Medicine and Psychology	OPTIONAL Course: - MEP926 Identifying Disabilities and Cognitive Behavioural interventions in Educational Psychology. - MEP820 Behavioural Interventions for Special Needs - MCP815 Family and Marital Counselling
	Specialisation Core: MLP909 Psychotherapeutic Interventions for Clinical Psychologists ^A	
Year 3	<u>January to June</u>	<u>July to December</u>
	Practicum 2 @ NWC & External Site	Practicum 3 @ NWC / External Site
	Dissertation Write Chapter 5	Dissertation Finalize and submit for examination