



NANYANG
TECHNOLOGICAL
UNIVERSITY
SINGAPORE

NTU Haze Response Guidelines

*Office of Health and Safety (OHS)
Updated on 27 Aug 2026*



How to stay up to date on haze developments

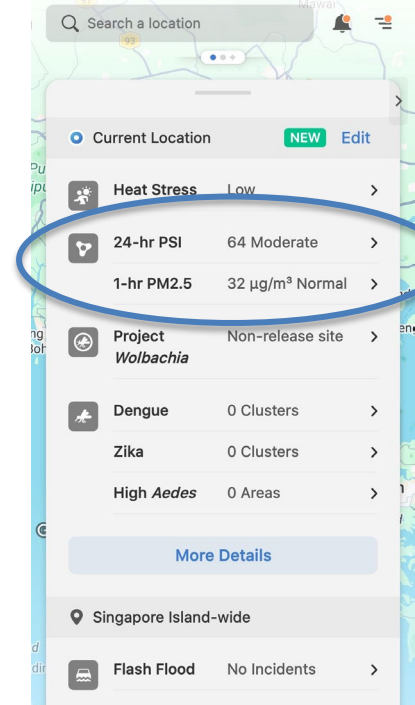
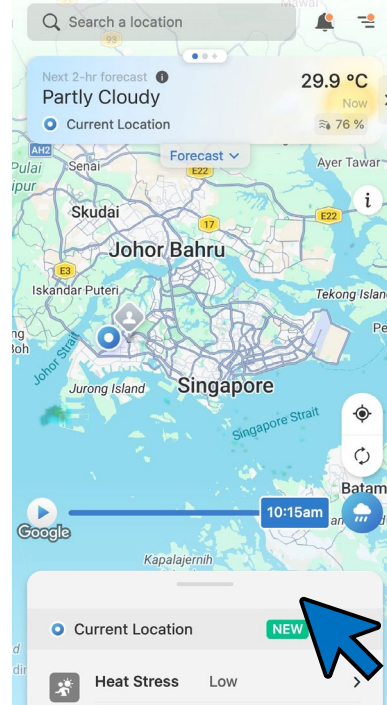
Download [myENV app](#)



Download for iPhone and iPad | Android



View the 24 hour PSI and PM2.5 levels



National Guidelines on PSI and PM2.5 levels

24-Hour PSI/ 1hr PM2.5	Group 1: Healthy people	Group 2: Elderly and pregnant people	Group 3: People with chronic lung disease, heart disease
≤100 (Good/Moderate) Band 1: 0 -55 µg/m³	Proceed with normal activities		
101-200 (Unhealthy) Band 2: 56–150 µg/m³	Reduce prolonged or strenuous outdoor work	Minimise prolonged or strenuous outdoor work	Avoid prolonged or strenuous outdoor work Have medication ready
201-300 (Very Unhealthy) Band 3: 151–250 µg/m³	Avoid prolonged or strenuous outdoor work	Minimise outdoor work	Avoid outdoor work Have medication ready
> 300 (Hazardous) Band 4: > 251 µg/m³	Minimise outdoor work — essential tasks only	Avoid outdoor work	Avoid outdoor work Have medication ready

Definition

- Prolonged = continuous exposure for several hours
- Strenuous = involving a lot of energy or effort
- Reduce = do less
- Minimise = do as little as possible
- Avoid = do not do



NTU recommended haze management measures

24-hr PSI	Status	Campus Operations	Recommendations
0-100	Normal	All activities continue as usual	No additional measures required
101-200	Unhealthy		1. Vulnerable individuals (Groups 2 & 3) recommended to dine at air-conditioned F&B outlets or take-away and eat indoors 2. Reschedule outdoor activities (field trips, sports events, carnivals) or move them indoors where possible
201-300	Very Unhealthy	1. Outdoor sports facilities will be closed 2. Common areas in residential halls with air-conditioning will have operating hours extended	1. Students and staff to dine at air-conditioned F&B outlets or take-away and eat indoors 2. No outdoor activities (field trips, sports events, carnivals etc) 3. Start of online learning or remote working arrangements (for non-essential activities) may be required.
>300	Hazardous	1. Both indoor and outdoor sports facilities will be closed	

Please keep an eye out for NTU circulars advising on the latest recommendations on haze response measures.



When to seek medical attention



Common symptoms of haze exposure:

- Eye irritation: Red, itchy, watery or burning eyes
- Nose irritation: Runny or blocked nose, sneezing
- Throat irritation: Dry, itchy or sore throat
- Coughing



If these symptoms persist or worsen, please seek medical attention at the NTU Campus Clinic:

- University Health Service Building, 36 Nanyang Ave, Singapore 639801

[View clinic information](#) →

Useful Links

Haze Guidelines	Useful Links
MOH	<u>Haze – Ministry of Health</u> <u>How to Protect Yourself Against the Haze</u>
NEA	<u>Haze - The National Environment Agency</u>
MOM	<u>Haze guidelines and advisory for work</u>
MOE	<u>Haze management measures MOE</u>
Sports Singapore	<u>Haze management measures for sport Sport Singapore</u>
NTU Safety & Health	<u>NTU Safety & Health website</u>

If you have any questions or need guidance on haze response / management measures, please contact the Office of Health & Safety at ohse@ntu.edu.sg

