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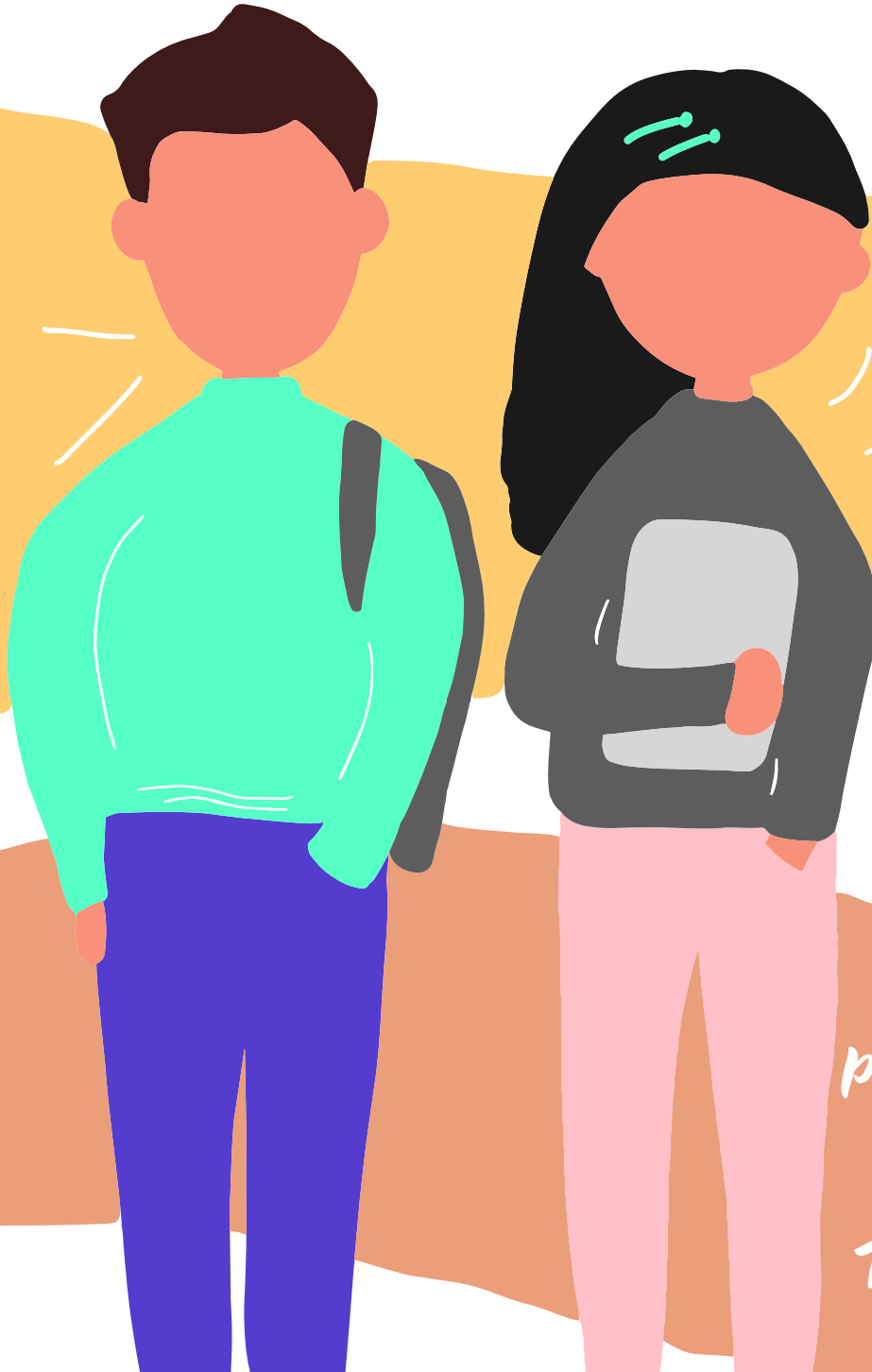


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VOICES

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A
PUBLICATION
OF THE
TRAINEE
TEACHERS'
CLUB

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FOLLOW TTC FOR THE
LATEST UPDATES ON
EVENTS AND HAPPENINGS AT NIE



WHATSAPP



TELEGRAM



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@NIETTTC

FROM THE EDITORS' DESKS



ANDRALYN LOW, EDITOR-IN-CHIEF

Welcome to a brand new year, the first in a new decade, and a warm welcome to our new PGDE student teachers. This new semester will bring lots of sunshine as well as stormy days, but be assured that you can count on your pals here at NIE to keep you going. There's just something about NIE that bonds us together. Here's to going from strength to strength together!

I want to say a big 'Thank You' for picking up this colourful, happy and vibrant issue of Voices. Our editorial team has been working hard at the magazine. My favourite part of this issue is the NIE canteen guide! Some time ago, you had voted for your favourite stalls and given your recommendations. Now check out which of them made it to the top!

I also hope that you would enjoy reading about past events organised by Trainee Teachers' Club (TTC) in *From The TTC to You*, NIE Club happenings in *Club Highlights*, an NIE love story in *In The Spotlight*, Crescencia's semester exchange adventures in *Travellers*, and the heart work of our SALT team at Paro, Bhutan in *Across the Borders*. Also, see life through the eyes of a PGDE student teacher, Anna, in *Your Voices*. And send some love to your friends with the punch-out postcards at the back of this issue! We'll need all the love we can get.

This new semester's going to be a ride, but we'll get through it together!

See you in the next issue!



TRISTAN KOH, TTC PRESIDENT

A new semester awaits. On behalf of Trainee Teachers' Club (TTC) and the VOICES Editorial Team, I would like to warmly welcome all student teachers to NIE. For those who have newly joined us, I hope that this issue of VOICES will provide you with insights on what it means to be a university student in NIE.

I never thought that I would continue serving in TTC for a second term. Upon reflection, I discovered the many processes and considerations behind each student-led event, and also, the areas for improvement for myself. Though highly challenging, I am truly glad to have supportive friends and colleagues who were my constant pillars of support. Likewise, I hope that you will find true friends who will make your time worthwhile in NIE.

From *Club Highlights*, this issue of VOICES would cover the various aspects of student life in NIE, from the section of *Travellers* where you will see through the lenses of our students who have gone on a semester exchange programme last year, to the services of our students rendered *Across the Borders* during the Service And Leadership Training programme in Paro, Bhutan. Feel free to write to us so as to be featured in *Your Voices* for the next issue. Also, stay tuned to the upcoming Clubs' Fair in February to find out more about the various clubs that collectively shape our student life and feel free to join any Club that piques your interest.

I truly hope you will find VOICES a worthwhile read during your time here in NIE. Let's not forget why we are here in NIE - to teach, serve, and inspire.

FROM THE TTC



The inaugural **NIE Clubs' Annual General Meeting (AGM) and Investiture** served to update student teachers on TTC's achievements in its previous term under the 28th Management Committee. The newly-elected members of the 29th Management Committee were sworn into office on 23 September 2019. The event was witnessed by over 150 students, faculty and staff, and Guest-of-Honour Professor Low Ee Ling, Dean of Teacher Education.

The Investiture honoured all outgoing members of the 28th TTC and the various

Chairpersons of the 10 Sub-Clubs for their extensive and impactful contributions to student life. Following that, the 29th TTC was sworn into office. As the newly elected President, I called for TTC to continue its long-term efforts towards building a colourful student life body in NIE, no matter how difficult the journey may seem. I called for us to remember our intrinsic motivation towards serving the NIE community. We must remind each other, and work as a team for the greater good of everyone at NIE.

This year was also the first

time that TTC collaborated with OTE to organise the **NIE Club Awards and Passion Awards** on the same night. The NIE Club Awards are given to Sub-Clubs who have performed outstandingly and contributed to the vibrancy of NIE in various areas. The Passion Awards are given to outstanding newly graduated teachers, who made an impact on NIE during their years of study here.

Congratulations to all the awardees, outgoing committee members, and newly-minted leaders!

*TRISTAN COH
PRESIDENT, TTC
29TH MANAGEMENT COMMITTEE*

TO YOU



FROM BEING ELECTED INTO OFFICE TO PROVIDING A CUP OF COFFEE, THE TTC AIMS TO SERVE AND UNITE THE NIE STUDENT BODY.



TTC's semesterly **Student Welfare Initiative** was held on 30 October 2019. We named it *Fika* - inspired by a Swedish word that means "taking a break for coffee and a bite". We wanted to create the idea of having a moment to relax and to catch up with people. This was because we wanted student teachers to embrace the concept of self-care, and create opportunities for them to connect and encourage selflessly. We are so grateful that *Fika* managed to connect and serve over 300 NIE student teachers.

To promote education on Mental Wellness, we worked with NIE Wellness Centre, which set up a

booth sharing about their counselling and Mental Health services for fellow student teachers. We are thankful for the support of our partners like ActiveSG, NTU iGave, Jia Jia Singapore, Chope, Koka, Brands, OWL and many more companies. They contributed welfare items like vouchers and food for our student teachers to encourage them as they prepare for the upcoming exams.

Another element of *Fika* was our encouragement board. To foster an encouraging NIE community, we provided materials for anyone to pen down words of affirmation and then stick it to the board. Many

student teachers enjoyed writing these notes, as it was evident from the number of notes written! As part of TTC's eco-friendly objectives, we continued the "create-your-own-bag" system, where student teachers could choose the welfare items that they liked and needed, rather than having pre-selected items. We also encouraged student teachers to bring their own bags, or to utilise woven bags sponsored by our long-time partner, Trendink.

A big 'Thank You' to everyone who attended and helped at this event!

DING JOO JUAN
WELFARE OFFICER, TTC
29TH MANAGEMENT COMMITTEE

STAY TUNED FOR THIS SEMESTER'S STUDENT WELFARE INITIATIVE, HAPPENING IN APRIL!

YOUR VOICES

Your Voices is a platform for student teachers to share their perspectives on life in unique ways. Below is a poem by PGDE student teacher Anna. She writes,

This poem was written because I struggle with the privileged positions I occupy in this city. I feed on stories from around the world and feel complicit in trying to make my own meaning from them. The desire to write my own story is strong, but there's a giant nagging thought that this story is not needed. I'm trying to figure what my place is, and perhaps this is something I need to navigate - difficult feelings of not thinking, doing, acting enough to open spaces for others.

GHOST WRITERS FOR THEIR STORIES

after the flurry of talking and transcriptions
we boxed up the voices and left them

in storage

where they gurgled and giggled
cat-calling from the front row seats

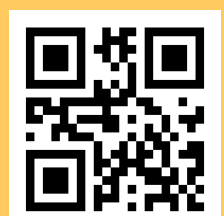
please, please, please
be serious -
give us a good story
a who-dun-it narrative
accuse someone anyone
make yourself the victim

I were angry for their sake
I was angry at them
here they were
not hungry but fat
thriving on canned statements
feeding off the trade of aid
celebrating each airdropped package
and all they gave us were
peanut shells
which fell through the cracks
and made crackling sounds in the radio waves
left brown dust over all the recordings
their endless crunching from the front-row seats

who was watching who
and I winced as they laughed - amused
at our discomfort
trying to dog-paddle through
this sea of ineptitude
the tides of living, leaving, leaving out
which was their womb their way of life
so while they floated above it all
we got weighted down by our own words
and drowned by the weight
of borrowed costumes

GOT SOMETHING TO SHARE?

send your Voice to
ttcpublications@nie.edu.sg
or scan this QR code





CLUBBING AT NIE

12 UNIQUE SUB-CLUBS CONTRIBUTE TO OUR VIBRANT STUDENT LIFE.
READ ON TO FIND OUT WHAT THEY'VE BEEN UP TO!

DEIXUS' CURRENT AFFAIRS FORUM



Together with the TTC Management Committee, on 13 September 2019, the first Deixus Executive Committee organised *The Current Affairs: The Way Forward* - a dialogue that allowed student teachers to explore landscapes of politics and social awareness, via active engagement with global issues anchored in local contexts.

The Guest of Honour for the dialogue was Mr Lai Chung Han, Permanent Secretary (Education), Ministry of Education. The questions raised had everyone thinking in the room - from the role of an educator in 2030 to plans to help support teachers as digitally-ready educators in the classroom.

Prior to the dialogue, Deixus facilitated interested student teachers in focus group discussions. The responses from the meaningful discussion of selected scenarios helped steer the actual dialogue in productive and constructive ways.

Looking forward to the next dialogue!

PERINDER KAUR
VICE-CHAIRPERSON, DEIXUS
POSTGRADUATE DIPLOMA IN EDUCATION

CLUB SCI·NAPSE



SCIENCE WORKSHOPS

Under the facilitation of Club Sci·Napse members, 20 participants took part in our Liquid Nitrogen Ice-Cream Making workshop on 21 October 2019. We explored the wonderful properties of liquid nitrogen in a fun setting - through the crushing of frozen flowers and rapid inflation and deflation of balloons. Participants also got to make their own ice-cream using liquid nitrogen, choosing their ingredients before finishing the product by pouring the cold liquid nitrogen into their mixtures. Everyone enjoyed themselves and gave the event a thumbs up! Year 2 BA (Ed) student teacher Jenny Tan shared, "This workshop has been an enthralling experience for Arts students like me who have not been in a Chemistry lab for a long time."

MARCUS LAI
CHAIRPERSON, CLUB SCI·NAPSE
YEAR 2, BACHELOR OF SCIENCE (ED)



The Fantasy in a Jar terrarium-building workshop was another great success in enriching the learning of student teachers. Our

participants gained a deeper appreciation for the field of biology as well as for the environment. Club Sci·Napse provided various materials for participants to design and personalise their very own terrarium. Though participants got their hands dirty, they were enthusiastically engaged in using tools and figurines to beautify their own terrariums. Their terrariums were then brought back as exquisite home decorations.

ON THE GROUND WITH SLC



On 3 October 2019, the Service Learning Club (SLC) partnered with Food From The Heart (FFTH), a non-profit food charity organisation, to distribute welfare bags for needy beneficiaries. We headed down to two Senior Care Centres (SCC), namely Jalan Kayu SCC and Champions Way SCC and were involved in packing and distributing the bags, and chatting with the beneficiaries. It was an eye-opening and enriching experience as we were exposed to and gained a better understanding about the local service learning scene. This will definitely prove handy when we need to plan volunteer activities in the future, for our students and colleagues.

EZEKIEL GOH
CHAIRPERSON, SLC
YEAR 2, BACHELOR OF ARTS (ED)

CLEAR CLUB

9TH SHINE SINGING COMPETITION + MID-AUTUMN FESTIVAL



FIRST PLACE WINNERS ELIJAH WONG AND MUHAMMAD ATIQULLAH RECEIVING THEIR PRIZE FROM DIRECTOR, NIE, PROFESSOR CHRISTINE GOH.

On 12 September 2019, CLEAR Club held the Mid-Autumn Festival Celebrations in conjunction with the 9th SHINE Singing Competition. Our multi-racial audience had a joyful night as they were entertained by the splendid performances from our SHINE Singing Competition finalists, Malay Dancers

from the NTU/NIE Malay Language and Cultural Society, and musicians from NTU Chinese Orchestra. The performances were well received by everyone present.

Our SHINE finalists gave new life to hit songs by popular mandopop singers such as JJ Lin, Hebe Tian and Guang Liang and mesmerised the audience with their melodious voices. After much discussion among the judges, the duet comprising Elijah Wong and Muhammad Atiqullah from the Degree programme clinched the First Place. Congratulations!

We also had a Riddle Guessing Competition which drew lots of laughter from the audience, due to the contestants' creative responses to the riddles. After the celebrations, everyone headed for a buffet dinner and some games. It was an evening of great entertainment and food for all our guests to commemorate the Mid-Autumn Festival.

GAVIN GOH
CHAIRPERSON, CLEAR CLUB
YEAR 2, BACHELOR OF ARTS (ED)

A DAY AT THE NUS IPS BICENTENNIAL CONFERENCE



PROFESSOR WANG GUNG WU AND
PROFESSOR LEONARD ANDAYA SHARE
THEIR THOUGHTS ON COLONIAL
HISTORY, DECOLONISATION, AND THE
FALSE PARALLELS BETWEEN
SINGAPORE AND HONG KONG

Revisionist retrospection on the year '1819' has been a key feature of discussion as we commemorate 200 years since the founding of modern Singapore. An exercise in 'taking stock and moving forward', this conference demonstrated the extent to which we still have much to learn about our past, and even more to disentangle in our future. Over two days, we reflected on our 700-year long history as a cosmopolitan hub, while taking note of the changes and continuities in Singapore's circumstances, before finally looking forward to the challenges and opportunities that Singapore may face in the future.

As student teachers, we found this conference relevant and meaningful both for us and for our students as we discovered new ways of thinking about old topics, and new information that will be of use in the 21st century classroom. Even if we face 'unprecedented challenges' in the future years, we as teachers should find the ability to strengthen students' resolve and resourcefulness in order to confront these challenges. After all, our ancestors too thought they faced 'unprecedented challenges' during their time and overcame them nonetheless.

BRADLEY SOH, CHLOE LIM, FELICIA LEE
POSTGRADUATE DIPLOMA IN EDUCATION

CLUB ARNEX'S POETRY FEST

READ A POEM SHARED AT THE
POETRY FEST ON PAGE 6!



On 11 September 2019, Club ArNex held 'Poetry Fest', a poetry appreciation event where participants got the chance to share their self-written or favourite poems! The event was graced by Dr Angus Whitehead from the ELL department who also shared some of his fascinating poetry. After a meaningful time of poetic expression and conversation, each participant was given a poetry framing kit to frame their favourite poem of the day and bring it home with them.

SONAM KUSURKAUR
CHAIRPERSON, CLUB ARNEX
YEAR 2, BACHELOR OF ARTS (ED)

TLC'S DEEPAVALI CELEBRATIONS



NETHIYA A THARRSIM
PRESIDENT, TLC
POSTGRADUATE DIPLOMA IN EDUCATION

NIE's annual Deepavali celebration, hosted by NIE's Tamil Language and Culture Division and the Tamil Language Club (TLC), was successfully held on 9 October 2019 on campus in Lecture Theatre 8. With our Guest of Honour, Professor Christine Goh, Director of NIE, we had a blast from the past as we

celebrated Deepavali in a village-setting with drama, dance and live music performances. This year, we also collaborated with NTU's Tamil Literary Club which also performed in our show. The celebration proved to be a success and served as recognition to the efforts of the organising team!

MLCS CELEBRATES HARI RAYA

Together with NIE's Asian Languages and Culture Academic Group, the NTU/NIE Malay Language and Culture Society (MLCS) organised the NIE Raya Show: Murni. Meaning "pure" in Malay, Murni engaged the audience through an interactive storyline, showcasing various Malay literature and cultural performances.

This year's story followed the journey of Sufi, and his mother, Zainab, who were preparing for the Hari Raya celebrations. The story unfolded through various audience interactions such as a pantun battle (poetry exchange) between NTU/NIE undergraduates and NIE faculty, and a Kahoot! quiz about Hari Raya Haji. There were also poetic Malay literature performances by NTU/NIE undergraduates and vibrant cultural performances by MLCS's cultural groups such as Beztari (NTU Malay Dance) and Dewi Samudera (NTU female Dikir Barat), in accordance with the storyline.



Our audience not only enjoyed themselves, but were educated on various practices and culture surrounding Hari Raya. Times may change, but traditional practices and literature are still cherished as an asset to the Malay community - and it was heartwarming to share it with everyone who came to celebrate with us. A member of the audience, Hafis Zainodin, shared, "It was heart-warming to see friends of different races and religions amongst the audience for this event. I hope that they had a good time and enjoyed the good food as well!"

SITI REZKIAH BINTE MOHD RADZEELE
HEAD OF LANGUAGE, MLCS
YEAR 2, BACHELOR OF ARTS (ED)

IN THE SPOTLIGHT

AANAND + CHANEL



LOTS OF STUDENT TEACHERS MEET IN NIE AND FALL IN LOVE, BUT RETURNING TEACHERS AANAND AND CHANEL HAVE TAKEN THAT ONE LEVEL HIGHER. VOICES SPOKE TO THIS COUPLE WHO WERE CLASSMATES AT NIE DURING THEIR DIPLOMA DAYS, FELL IN LOVE, GOT POSTED TO SCHOOLS, GOT MARRIED, AND THEN CAME BACK AS RETURNING TEACHERS, ENDING UP AS CLASSMATES ONCE AGAIN !

Andralyn: So let's get straight to it - tell us how your love story started.

Aanand: Actually, we met even before we went to NIE. During those days when we signed up for Dip Ed (Diploma in Education), we had to wait for the semester to start in July. For the few months before the semester, we had to go for contract teaching. And before we could go for this contract teaching we had to go for a crash course on how to teach. So we met way back then. Then when school began we were in the same class. I remember one of the first few days when

Chanel was late for class and because I recognised her from the crash course, I had asked her to sit at my table.

Chanel: Over time, we became friends... and then more than friends.

Aanand: I spent three semesters trying to get her to be my girlfriend. That's probably why my GPA was lower during those three semesters! But it was worth it lah, because she finally agreed.

Chanel: We were posted to schools in 2014, and then we got married in 2015.

Aanand: We actually got married four times.

Chanel: To the same person!

Aanand: Yeah, we had four ceremonies, to appease our different religious backgrounds. The first two ceremonies were like, in May, and then in October we had another one. People were asking me, "Why are you still getting married?"

Chanel: So that was all in 2015, and by then we were about a year into teaching.

Andralyn: So why did you choose to return to NIE?

Chanel: We always knew we wanted to do our degrees. It was just never the right time as we were settling into schools, but we knew that we would eventually do it, and we wanted to finish the degree before we had a kid. Finally, about five years into teaching, a window of opportunity opened - my school was merging, and his Principal was leaving, and it was a good time to upgrade ourselves after gaining hands-on classroom experiences. We have like, a context to apply the new skills and knowledge into, like exactly how we can implement the things we are learning into our classrooms back in schools.

Aanand: We wanted to come back and gain mastery of content and pedagogy, especially as parents these days are more educated. Having the degree and the mastery of skills makes you more credible in the things you say and do. For example, before the degree I had an idea and I had to carry it out to see if it worked, but now I know more of the theory behind the activity I'm doing and why it works.

Chanel: We actually thought we would have to take turns to go back to NIE, because it's such a big jump in lifestyle. But we're very happy to come back to NIE together!

Aanand: Thank our lucky stars that we both applied and got in together. Previously I thought, maybe I could go through the degree on my own, but now I realise without her I would likely have given up. And yeah, we're glad to be back. It's a very nostalgic feeling - everything looks the

same, the benches, layout, everything, except for the canteen and the library cafe!

Andralyn: Sounds great to be in the same career and class! Could you tell me more about how it's like? For one, Teacher's Day must be great!

Chanel: It is! We have a tradition where we'll lay all the gifts out on the dining table together, and then find a whole afternoon, like a Sunday, where we'll just read through all the cards together.



AANAND + CHANEL'S
TEACHER'S DAY 2017!

Aanand: And everyday life is great too, because we know that we're able to empathise with each other. Not only that, we can give each other solutions, because we know what works and what doesn't. We get to grow together as well, and share resources and ideas. But this also means we dwell too much on things at work, like sometimes we will go out for a nice dinner to forget about work but end up talking about it anyway.

Chanel: But at the end of the day, when we meet his students and they come up and say 'hi' to him and smile, and I see the impact my husband has made, it's really a nice warm feeling.

Andralyn: What a blessing! Any advice for couples in

NIE then? I think they'll really be looking forward to such moments.

Aanand: Focus on your studies first! I didn't, I spent most of the time chasing Chanel. I was distracted. But stay focused, and be a team.

Chanel: Yeah, it's important to be there for each other in good times and bad, because it can get really bad. And communicate!

Andralyn: Thanks for that! To end off, what's your advice for student teachers heading out to schools? Since you both have about ten years of experience combined.

Aanand: I would say, take it easy. The fact that you're responsible for young lives takes a toll on you emotionally. And then there's the expectations from everyone, colleagues, parents, society, and the image you have to portray. But don't give up! Believe in yourself!

Chanel: Because you really need that. Enjoy the journey. It will be tough at times, but when you focus on what matters most, which are the kids, everything will fall into place.

Aanand: If you see it from the perspective of like, how much money you make, or whether you're meeting your KPIs, then it becomes stressful. But when you see it from the perspective of really helping the children, it becomes alright. Go into the profession without expecting anything in return.

Andralyn: Right, just like in love. :)

A WEEK IN BHUTAN



"If you want to be a teacher, you must never cease to learn." These were the words that greeted us when we entered the main faculty building of Paro College of Education (PCE). It was just one of the many different takeaways the fourteen of us had from our week-long stay in Paro, Bhutan.

The journey, which officially kicked off on the morning of 29 September, saw its beginnings back in May. Thanks to the support from the NIE community, we were able to form a team of diverse individuals, with different experiences and skills, from both the degree and PGDE programmes.

Spending three days at Utpal (Utpal Junior Wing and Utpal Academy), we were able to both observe lessons as well as get a chance to plan and conduct lessons for their students. We also shared with our classes, as part of our cultural exchange, the different traditional games we have in Singapore, such as five stones, capteh, gasing, and pick-up sticks. It was a fruitful and educational three days at Utpal, and we hope that it was as memorable for the students and teachers as it was for us.

We also spent a day at Paro College of Education, learning about the teacher preparation programmes as well as having an informal discussion session with their student teachers. Although the time spent together was short, it was meaningful and enjoyable, with the

friendly and fun-loving PCE students making the session interesting through their candid sharing.

On our last full day in Bhutan, with the company of two PCE student teachers, we embarked on the hike up to Paro Taktsang, also known as the Tiger's Nest Monastery. The hike took us close to 8 hours, and the combination of the thin air and the uphill climb made it a challenging experience. Nonetheless, with the team coming together to support and cheer each other on, we persevered and made it to Taktsang! It was a tiring yet memorable experience, especially with breath-taking sights all around us.

Reflecting on our trip, the experience gave us a greater understanding of the Bhutanese education system, and added to our appreciation of Singapore's education system as well as what we learnt at NIE. The teaching of values was something that stood out as well, and we hope that we can achieve similar levels of success inculcating values in our students in the future.

Ending off, we would like to give a special shout-out to everyone who contributed to the book drive we conducted for Utpal and PCE – thanks to your generosity and overwhelming support, we were able to collect more than 150kg of books for our partners in Paro. Stay tuned for our sharing session on our experience in Bhutan this semester! Hope to see you there!

MY SEMESTER IN THE UK

CRESCENCIA CHAY
YEAR 3, BACHELOR OF ARTS (ED)

For a little over three months, I did a semester abroad at the University of Kent in the United Kingdom.

The University of Kent is in the historic, UNESCO heritage city of Canterbury in Kent. In Canterbury, the air is alive with the romance of the country. In the day, it's quiet here; peace reigns amidst the rolling hills and the vast expanse of green. Townhouses in different historical architectural styles line the street. Sunnier than most of the UK, Canterbury's charm is captured in the crispness of the air and the filigree of sunlight captured through the leaves. Known as the site of the fabled pilgrimage in Chaucer's *Canterbury Tales*, this city is the literary heart of Kent. Nestled in the heart of the city centre is the picturesque Watergate Gardens, a wonderful spot of respite where sun rays dance across the water.

Kent is also home to the White Cliffs of Dover, another popular literary fixture in the canon of English Literature. The subject of Matthew Arnold's 'Dover Beach', the cliffs have an otherworldly, sublime beauty. The cliff faces are covered in white chalk – a result of the mixing of the remains of algae and other dead sea creatures, and the natural erosion caused by waves beating on the rocks. Unparalleled in its gorgeousness, the cliffs are a reminder of our temporary place in the world – a reminder that we

too, are at the whims of forces larger than ourselves.

During my time in the UK, I also had the chance to visit London. London brims with a vigour one has come to expect of the city. Skies are foggier, greyer. But the rhythm of London is in perpetual motion, the people pulled along by the pulse of a city that never sleeps. In London, the scene changes – the streets are lined with sleek skyscrapers, hotels and government buildings in the Renaissance style, and industrial red brick. I spent a lot of time in Westminster City. Westminster, barring the ceremonial guards astride their steeds, feels a lot like our central business district with its intertwining of the old and the new. I paid homage to the West End, roamed the streets of Chinatown, ate my way around the smorgasbord of burgers, paellas, and cheeses in Borough Market, and fell in love with the shelves of Daunt Books in Marylebone. The motion of the city never stops, a sentiment that reminds me of home and one I've found myself longing for in the past few months.

Despite its chequered colonial past and its fraught role in world politics, the UK is steeped in an unshakable and inexhaustible charm. The different rhythms of Kent and London, the quiet and peacefulness of the former, the hustle and bustle of the latter seem like two sides of the same coin.

WHAT'S FOR LUNCH?

A GUIDE TO THE NIE CANTEEN

MMM... WHERE SHOULD YOU START? VOICES POLLED STUDENT TEACHERS TO FIND OUT THEIR TOP FAVOURITE FOODS, DRINKS AND STALLS. READ ON TO FIND OUT MORE!

NIE'S TOP 3

HALAL DISHES



NON-HALAL DISHES



DRINKS



VOICES ALSO ASKED STUDENT TEACHERS TO RANK THE STALLS BASED ON ITS VALUE FOR MONEY AND HOW OFTEN THEY BOUGHT FOOD FROM THE STALL. THESE ARE THE WINNERS:

NOODLES STALL

Ask your school teachers if they remember anything from the NIE canteen and the answer will most probably be this stall's Bah Chor Mee! Queues are long - a testament of its consistently good quality. Pro Tip: Have your order ready and rehearsed - this will make both yours and Uncle's life easy!



CHICKEN RICE STALL*

Tasty chicken rice and ayam penyet, and a cheerful uncle and aunty - what's not to love at this stall? Pro Tip: They usually sell out before 2pm, but if you have classes beyond that, order in advance and they can reserve a packet for you!

CHICKEN RICE AND NOODLES NOT YOUR THING? FRET NOT! WITH 10 STALLS IN TOTAL, THE NIE CANTEEN IS SURE TO HAVE SOMETHING FOR EVERYONE.

MA LA HOTPOT

Yes, the Ma La craze has reached NIE too! Looking to celebrate after a test but don't have time to go out? Ask your friends along and order a feast to share from this stall. Set B is a crowd favourite.

CHINESE MIXED RICE

If you're vegetarian - or if you're broke - this is the stall to go to! Most days, they also serve free soup to go along with your mixed rice.

BAN MIAN

Need something hot and soupy after long hours in the cold classrooms? Look no further! Tofu, bittergourd, and enoki mushrooms are also available as add-ons if you want to upgrade your ban mian.

JAPANESE CUISINE

Besides serving rather authentic and affordable Japanese cuisine, this stall also serves waffles!

WESTERN CUISINE*

This stall has everything - well, almost everything - from sandwiches to salads, to mains and pastas!

NASI PADANG*

This stall has such a wide variety of side dishes for your nasi padang that it takes the space of two stalls. Besides Nasi Padang, look out for their daily specials - my personal favourite is Mee Siam, available every Tuesday (or on other days too if you're lucky!)

DRINKS

Besides hot drinks, iced drinks and canned drinks, this stall also serves breakfast sets and dim sum!

FRUITS & JUICES

If you're bad at remembering the names of fruits, no worries! At this stall, you can just pick the fruit of your choice from the fridge yourself. If you think healthy food should come easy, go for the fruit juice blends and milkshakes. Or if you don't eat fruits at all, this stall also serves traditional hot desserts. There's something for everyone!

* denotes halal stalls.

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NEED A LISTENING EAR?

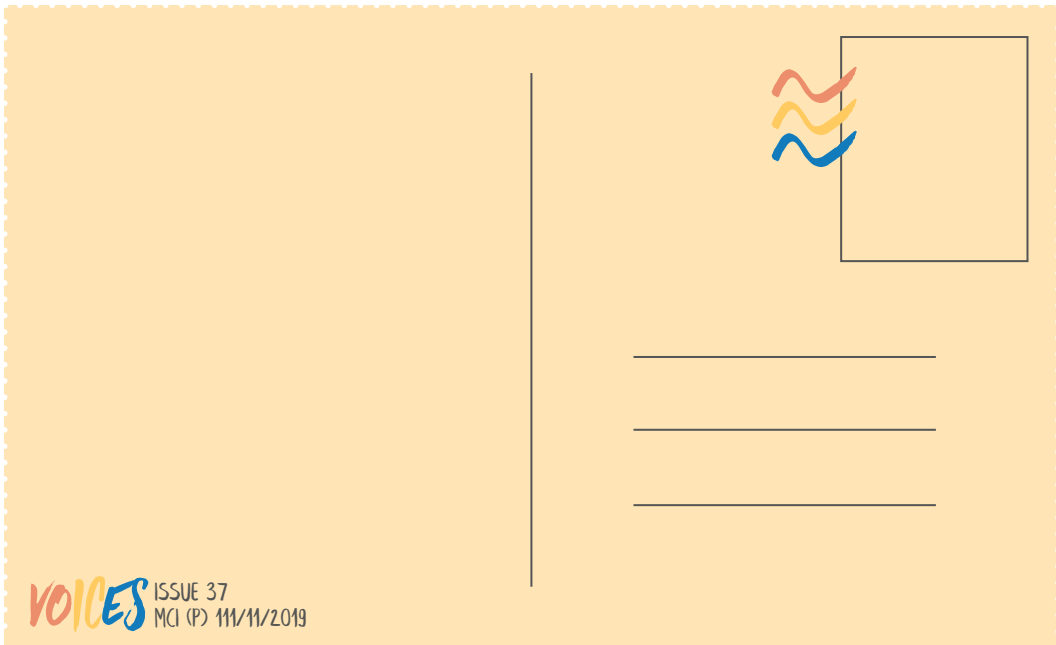
The NIE Wellness Centre provides psychological and counselling services in a safe environment to all student and staff from NTU/NIE and to members of the public.

For enquiries and appointments, please contact the centre at 6790 3318 or email nie.wellness@nie.edu.sg.

For more information, you may refer to our website:
<https://www.nie.edu.sg/about-us/campus-facilities/nie-wellness-centre>.

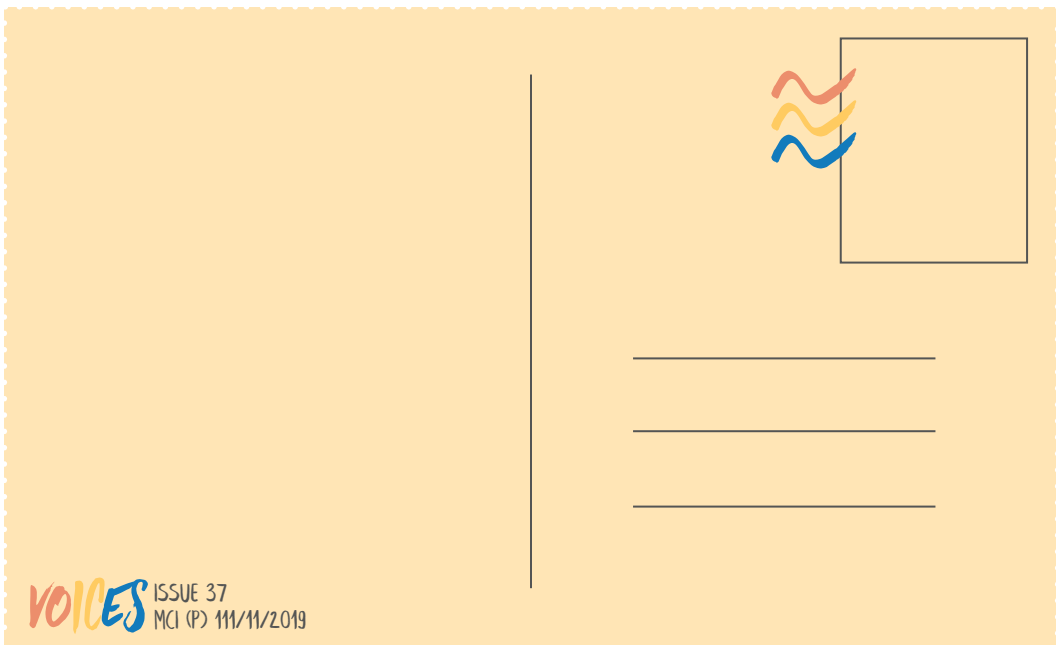


THIS ISSUE OF VOICES COMES WITH SPECIALLY DESIGNED TEAR-OUT POSTCARDS.
GIVE THEM TO A FRIEND OR KEEP IT ON YOUR DESK!
MAY THEY ENCOURAGE YOU TO KEEP PRESSING ON!



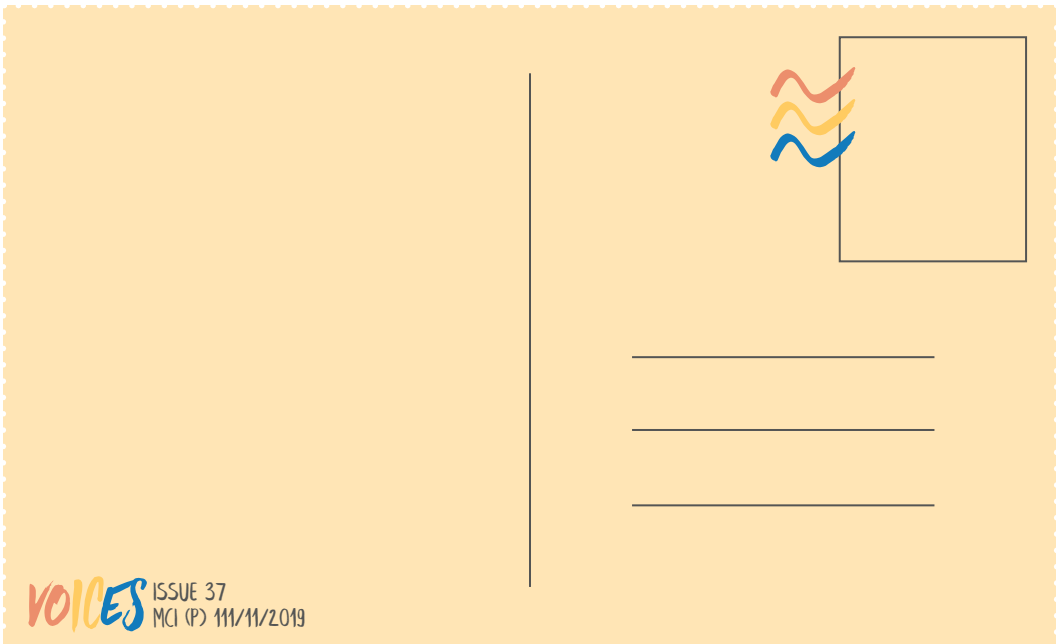
A rectangular postcard template with a light orange background and a dashed border. In the top right corner, there is a square box containing a colorful logo consisting of three wavy lines in red, yellow, and blue. Below the box, there are three horizontal lines for writing. A vertical line runs down the left side of the card.

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MCI (P) 111/11/2019



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YOU'RE
DOING
SOUPER
WELL

I'M NOT
SOUPRISED
- I ALWAYS
KNEW YOU
COULD DO IT

AND I'M
SOUPER
PROUD OF
YOU



IT'S NOT THE
MOUNTAIN WE CONQUER
BUT OURSELVES



LET'S ROOT FOR EACH OTHER
AND WATCH EACH OTHER GROW

