



SPORT SCIENCE & MANAGEMENT (SSM)

Student Life



We, the members of the Sport Science and Management (SSM) Society, serve as the bridge between students and staff of the SSM programme.

Our goal as a society is to unite all SSM students under a shared identity, fostering a cohesive, passionate, and motivated community. The SSM Society strives to create a holistic university experience by promoting academic excellence, organising events that focus on fitness and wellness, and facilitating networking opportunities.

Over the years, the SSM Society has organised the annual SSM Sports Day, a flagship event that brings together students from freshmen to seniors to participate in friendly yet competitive games. The event fosters camaraderie and promotes a sense of community within the SSM programme. This year, we aim to take it to the next level with the SSM Day. This exciting event will not only bring SSM students together but also invite potential SSM students and employers, providing a unique opportunity to expand networks within the sporting community in Singapore.



In addition, we added our very own mentorship programme to allow the senior and junior batches to better collaborate and network. This programme was targeted to the freshies who valued the additional guidance and resources from their seniors, where they were then given the space to inquire about specific modules and assessments as well as the course as a whole career planning down the road.

To support our students during the academic year, the society organises the distribution of exam welfare packs (EWP), a thoughtful gesture to help alleviate exam stress and encourage students to stay motivated through the stressful preparations. Additionally, the society takes an active role in working with the Transition Orientation Programme (TOP) Committee in welcoming new students into the SSM programme. During this programme, freshmen are guided around NIE and NTU to familiarise themselves with the campus facilities. The TOP Committee also organises interactive and enjoyable activities to ensure freshmen feel welcomed, form friendships, and begin their SSM journey on a positive note.