

An Institute of



## **SPORT SCIENCE & MANAGEMENT (SSM)**

## Overseas Student Exchange Programmes



"I am very thankful to have the opportunity to study at Loughborough University. It has been a very fulfilling exchange here in the UK. Living abroad alone has helped me grow a lot and become more independent. The content taught here can be extremely tough but interesting. This exchange programme has also taught me to be grateful for the things I have in Singapore, such as my family, the good transportation system and the weather.

Everywhere you go in Loughborough, you will see people engaging in sport. The strong sports culture motivated me to start going to the Gym, which I thoroughly enjoy! I also represented my university in BUCS-Taekwondo, where I clinched a gold and silver medal! The club here does a different Taekwondo style from what I do in Singapore. Therefore, I had to be independent and train independently, which I am very proud of."

Ckrystal Chin Sport Science & Management Year 3 "My semester exchange to Deakin University in Melbourne has been a godsend. If you are willing to go outside your comfort zone, you learn so much about the world and yourself. As cliché as it sounds, the friends and memories I made with them were the best part of the exchange for me.

This exchange has also been a well-deserved break from the hustle and stagnation of NTU life, and I have come back with rejuvenation and focus."

Collin Tung Sport Science & Management Year 3

