



SPORT SCIENCE & MANAGEMENT (SSM)

Overseas Student Exchange Programmes



"As a sports science student, studying overseas gave me exposure to the technologies and applied approaches used in a sporting nation. Learning from lecturers with different experiences and backgrounds has also enriched my understanding of how sports science theory translates directly into elite performance."

My exchange at Loughborough University was a truly transformative experience that strengthened both my academic foundation and my athletic identity. It reinforced my aspirations to pursue a future in high-performance sport, and the lessons and friendships I gained during this exchange will continue to shape my journey as a sports science student and triathlete long after I leave Loughborough."

Mr Tey Yi Jun
Sport Science & Management
Year 3

