

Master of Arts (Applied Psychology) - For Students from January 2025 Intake onwards

Core Courses			
Course Code	Course Title	Course Synopses	AU
MAP810	Psychological Assessment	This core course equips students with the foundational knowledge and skills related to psychological assessment. It provides an introduction to the conceptual and psychometric aspects of psychological testing. The first section of the course covers basic concepts of assessment and psychometric principles that apply to all types of psychological tests. It teaches students how to critically evaluate psychometrically strong assessment tools from weaker ones. The second section provides a brief introduction to cognitive tests. The third section provides a brief overview on personality assessment and covers a few basic skills and assessment tools that could be used in practice (e.g., intake interviews, self-report inventories and behaviour rating scales). The fourth section provides an introduction to behavioural assessment and various observation protocols and behaviour recording tools that could be used on field while assessing a client's behaviour.	3
MAP819	Psychological Disorders Across the Life Span	This course provides students with the foundational knowledge of the etiology, assessment and evidence-based treatments for psychological disorders that they are likely to encounter in clinical practice. In the first 10 weeks of the course, all students will be introduced to clinical assessment practices and psychological disorders that psychologists are likely to encounter in many clinical populations. In the final 3 weeks of the course, students will be introduced to psychological disorders that are specific to their specialization, i.e. counselling psychology or educational psychology tracks.	3
MAP901	Ethical and Legal Issues in Psychological Practice and Research in Singapore	The purpose of the course is to provide students with a firm grounding in ethics and practice standards of professional psychology in Singapore. Referencing the Singapore Psychological Society Code of Ethics, students will understand the overall principles guiding work in human services, as well as maintain clinical and research practices that are consistent with the specific guidelines in the Code. Students will acquire skills in systematic ethical decision-making which includes seeking appropriate resources and engaging in peer consultation.	3
MAP902	Research Methods and Statistics in Applied Psychology	This course is designed to provide skills and knowledge for students to understand, evaluate, and design different types of research in psychological and educational areas. The course will mainly focus on the procedures and issues related to quantitative research approach. Students will learn univariate statistical procedures and some multivariate statistical procedures.	4

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Prescribed Electives (Counselling Psychology)			
Course Code	Course Title	Course Synopses	AU
MCP909	Theories of Counselling and Advanced Counselling Skills	This course introduces fundamental theories and techniques of counselling to trainee counselling psychologists. It explores the role of the counselling psychologist, the nature of the counselling relationship, and different approaches to counselling.	4
MCP812	Group Dynamics and Counselling	This course examines the psychological processes underlying human interactions in groups. Current theories applicable to group work in counselling are considered. Students will be expected to develop a repertoire of skills and ideas and to develop communication skills essential to group counselling.	3
MCP 821	Cognitive Behavioural Management and Interventions	This course provides students with a basic understanding of the theories, principles, procedures and practice of behavioural and cognitive-behavioural management. The basic assumption of the behavioural approach is that both desirable and undesirable behaviour are learned and the best strategy for remediation of problem behaviour is to structure the environment to reward desirable behaviour and extinguish maladaptive behaviour. In the cognitive approach, behaviour and emotions are viewed as resulting from cognitive processes, and maladaptive behaviour and emotions are changed by correcting dysfunctional beliefs and helping clients to develop new cognitive and behavioural patterns. Both approaches can be applied to a range of real life issues and problems of children, adolescents, and adults. Students will be provided opportunities to practice CBT skills in class and to receive feedback.	3
MCP900	Mental Health Assessment	This course provides a basic exposure to common mental health assessment tools and integrates the findings of these tools with historical information gathered from the assessment process, i.e., gathering relevant background information during an intake or review session. The course also develops knowledge and skills to summarize and explain diverse clinical information about clients' presenting issue(s) in a brief, coherent 'statement' or 'map' that elucidates the client's basic pattern to guide the treatment process. This aims to build a clinician's competency and skills in developing and utilizing case conceptualization to guide the treatment formulation and process.	1

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Prescribed Electives (Educational Psychology)			
Course Code	Course Title	Course Synopses	AU
MEP913	Psychoeducational Assessment for Educational Psychologists	The course provides trainee Educational Psychologists with psychological testing skills in the administration, scoring and interpretation of selected standardized cognitive, language and literacy tests, and writing of psychological reports.	4
MEP820	Behavioural Interventions for Special Needs	<p>This course follows a scientist-practitioner model to develop skills in constructing and implementing various behavioral interventions within applied settings such as schools, community centers, clinics, and homes. It intends to follow a hands-on approach towards providing students with essential background knowledge and tools to conduct effective evidence-based interventions for the most common reasons for referrals to educational psychologists within applied settings. This module is divided into 3 main areas,</p> <ul style="list-style-type: none"> a.) The need for evidence-based practice and interventions within applied setting and linking assessment with intervention. b.) Basic behavioral principles, interventions, data collection systems and single case research designs to monitor the progress of various interventions. c.) Behavioral Interventions used in applied settings for children with ADHD, ASD, ODD and Conduct problems. 	3
MEP824	Multi-Tiered System of Support (MTSS) to Build Success in Literacy	The purpose of this course to equip trainee psychologists with foundational knowledge of a multi-tiered system of support, which will enable schools to identify and serve students who struggle with reading and require additional support.	3
MEP900	Basic Counselling Skills for EPs	This course is designed to meet the foundational skills needs of students from the Educational (EP) Psychology track, so that they are able to use basic counselling skills to give negative news sensitively to clients and manage their distress appropriately.	1

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Electives			
(Select 2 out of 3 electives IF you are not doing a dissertation)			
Course Code	Course Title	Course Synopses	AU
MCP815	Family and Marital Counselling	This course covers the theoretical bases as well as practical aspects in working with couples and families. Major theories for assessment and intervention including the systems, structural and ecological framework will be discussed. Various approaches, techniques and skills in clinical work with families will be examined.	3
MCP823	Complex Traumatic Stress in Children and Adolescents	This course covers both the theoretical and practical approaches in working with couples and families. The course aims to: <ol style="list-style-type: none"> 1. Introduce a new epistemology and show how systemic family therapy is different from other forms of therapy 2. Teach the key characteristics (i.e. basic assumptions and underlying philosophies, process of psychotherapy, tools and technique in intervention and therapeutic goal/outcome) of major family therapy models and outline its therapeutic process and goals. 3. Demonstrate the application of the practical elements of each model in local real- life context. 4. Raise awareness of the strengths and limitations of each model. 	3
MEP926	Identifying Disabilities and Cognitive-Behavioural Interventions in Educational Psychology	This course provides an introduction to identifying Special Educational Needs (SEN) students with socio-emotional difficulties such as in students with language and/or social difficulties. This course also seeks to equip EP trainees with the knowledge and skills to implement certain strategies used as part of Cognitive Behavioural Intervention for this population of SEN students. Trainees will be provided opportunities to practice the skills in class and to receive feedback.	3

OR

Dissertation	AU
Only students who achieve a CGPA of 4.25 and above are eligible for the dissertation route. Students are expected to identify a research topic relevant to their specialization and area of interest, a faculty specializing in the research area to supervise them in writing up a research proposal, obtain NIE and NTU approval before collecting and analysing data, and producing a dissertation (6 AU) of around 15,000 words. Students on scholarships should consult their scholarship boards on whether they are required to choose the dissertation route (if eligible) as well as the board's preferred research topics (subject to NIE's approval and research supervisor availability).	6

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Practicum (Counselling Psychology)			
Course Code	Course Title	Course Synopses	AU
MCP931	Practicum in Counselling Psychology I @ Workplace	Practicum aims to bridge the theory-practice gap through the provision of supervised field work experiences for students in different environments and with different populations. In doing so, students will be able to clock hours towards registration with the Singapore Register of Psychologists.	9
MCP932	Practicum in Counselling Psychology II		9
MCP833	Practicum in Counselling Psychology III		9

Practicum (Educational Psychology)			
Course Code	Course Title	Course Synopses	AU
MEP931	Practicum in Educational Psychology I @ Workplace	To bridge the theory-practice gap through the provision of supervised field work experiences for students in different environments and with different populations. In doing so, students will be able to clock hours towards registration with the Singapore Register of Psychologists.	9
MEP932	Practicum in Educational Psychology II		9
MEP933	Practicum in Educational Psychology III		9