

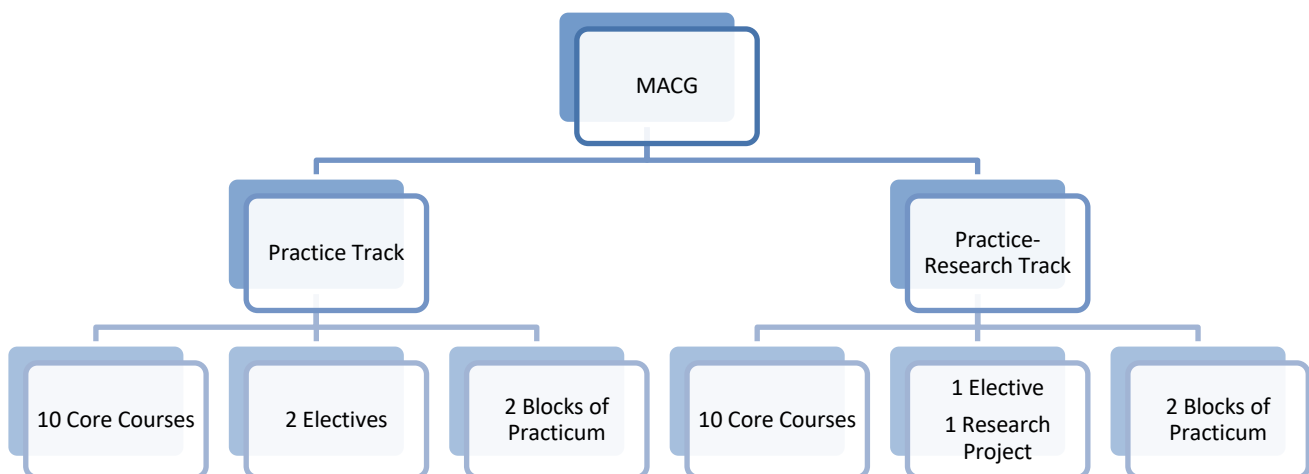
MASTER OF ARTS (Counselling & Guidance)

The MA in Counselling and Guidance (MACG) programme is fully certified by the Singapore Association for Counselling as a training programme for Registered Counsellors. Upon completing the programme, students are expected to be competent in various aspects including major counselling theories, evidence-based practices, case conceptualization, treatment plan, case documentation, ethical and legal issues, and research and programme evaluation skills in counselling. Students are trained to adopt an integrated approach to counselling, which draws on knowledge from counselling theories, developmental psychology, psychopathology, and multicultural therapeutic perspectives.

PROGRAMME STRUCTURE & CONTENT

The MACG programme is a professional degree comprising 42 Academic Units (AUs). Students may opt to complete the programme under the Practice Track or Practice-Research Track. The Practice Track consists of 12 courses of 3 AUs each (including 10 core courses and 2 elective courses) and clinical placements (2 blocks of practicum of 3 AUs each). Students who wish to strengthen their skills and knowledge in research may opt to do a Research Project elective (3 AUs) in place of a general elective, subject to approval.

The core areas have been identified as essential competency areas for professional counsellors by the Council for the Accreditation of Counselling and other Related Educational Programmes (CACREP) in USA, and the Singapore Association for Counselling. For clinical placements, a total of 400 hours (100 hours of face to face counselling and 100 hours of associated activities for each practicum block) is required.



1. PROGRAMME OVERVIEW:

COURSE	AUs
Core Course (Compulsory)	
MAC 810: Ethical, Legal and Professional Issues in Counselling	3
MAC 811: Multicultural Counselling	3
MAC 812: Life-Span Developmental Psychology	3
MAC 813: Career Development and Counselling	3
MAC 814: Theories of Counselling and Psychotherapy	3
MAC 815: Advanced Counselling and Interviewing Skills	3
MAC 816: Group Process and Counselling	3
MAC 817: Psychopathology and Appraisal	3
MAC 818: Research Methodology and Statistical Analysis in Counselling	3
MAC 819: Programme Evaluation in Counselling and Guidance	3
TOTAL	30
ELECTIVE (Choose any Two)	
MAC 820: Introduction to Family Counselling	3
MAC 821: Mental Health and Community Counselling	3
MAC 822: Addiction and Suicide Counselling	3
MAC 823: Counselling Supervision	3
MAC 824: Introduction to Play Therapy	3
MAC 841: Research Project (only for Practice-Research Track)	3
TOTAL	6
PRACTICUM	
MAC 830: Practicum I	3
MAC 831: Practicum II	3
TOTAL	6
GRAND TOTAL	42

2. PROFESSIONAL DEVELOPMENT COURSES:

In addition to the above courses, students are required to attend two non-academic professional development courses: Micro-Counselling Skills Lab, and Personal Therapy. The aim of Micro-Counselling Skills Lab is to equip students with basic counselling skills such as attentive listening, reflection of feelings and paraphrasing. It is a two-full-day workshop conducted in the first semester of Year One.

The aim of Personal Therapy is to help students to achieve a better sense of self-awareness and empathy so as to minimize countertransference in their professional practice. Each student undergoes 5 confidential sessions conducted by an external therapist. Since personal therapy is meant to be personal and private, students are not required to disclose what it has covered. Students have to pay for this personal therapy. We set the fees below the market rates so as to make personal therapy affordable for all students.

STUDY PLAN

Full-time and part-time students attend same courses and classes. The differences lie in the period of candidature and the number of courses they are allowed to take per semester. The period of candidature for full-time students ranges from 1.5 years (minimum) to 2 years (maximum) whereas that for part-time students ranges from 2 years (minimum) to 4 years (maximum). The number of courses that full-time students take per semester is normally 4 courses. The number of courses that part-time students take per semester is normally 2 courses. However, they may register for an additional course with the Programme Leader's approval.

Most of the classes are conducted from 6 pm to 9 pm during weekdays. Students have to follow a prescribed sequence of courses throughout their studies given that most courses are compulsory.

1. SEQUENCE OF COURSES:

PRACTICE TRACK:

Intake	Year 1			Year 2			Year 3			Year 4		
	Aug	Jan	Jun	Aug	Jan	Jun	Aug	Jan	Jun	Aug	Jan	Jun
FULL-TIME	1	5	–	8	7	–	–	–	–	–	–	–
	2	6	–	12	10	–	–	–	–	–	–	–
	3	9	–	14	15	–	–	–	–	–	–	–
	4	11/16	–	–	–	–	–	–	–	–	–	–
PART-TIME	1	5	–	3	9	–	8	10	–	15	–	–
	2	6	–	4	7	–	12	14	–	–	–	–
	–	–	–	11	11/16	–	–	–	–	–	–	–
	–	–	–	–	–	–	–	–	–	–	–	–

PRACTICE-RESEARCH TRACK:

Intake	Year 1			Year 2			Year 3			Year 4		
	Aug	Jan	Jun	Aug	Jan	Jun	Aug	Jan	Jun	Aug	Jan	Jun
FULL-TIME	1	5	–	8	7	–	–	–	–	–	–	–
	2	6	–	14	10	–	–	–	–	–	–	–
	3	9	–	–	15	–	–	–	–	–	–	–
	4	11/16	–	–	13	–	–	–	–	–	–	–
PART-TIME	1	5	–	3	9	–	8	10	–	15	–	–
	2	6	–	4	7	–	11	13	–	–	–	–
	–	–	–	–	11/16	–	–	–	–	–	–	–
	–	–	–	–	–	–	–	–	–	–	–	–

COURSE:

1. MAC 814 Theories of Counselling and Psychotherapy
2. MAC 812 Life-Span Developmental Psychology
3. MAC 810 Ethical, Legal and Professional Issues in Counselling
4. MAC 818 Research Methodology and Statistical Analysis in Counselling
5. MAC 816 Group Process and Counselling
6. MAC 815 Advanced Counselling and Interviewing Skills
7. MAC 819 Program Evaluation in Counselling and Guidance
8. MAC 813 Career Development and Counselling
9. MAC 811 Multicultural Counselling

10. MAC 817 Psychopathology and Appraisal
11. MAC 820 Introduction to Family Counselling (elective, subject to change)
12. MAC 821 Mental Health and Community Counselling (elective, subject to change)
13. MAC 841 Research Project (elective, only for Practice-Research Track students)
14. MAC 830 Practicum I
15. MAC 831 Practicum II
16. MAC 824 Introduction to Play Therapy (elective, subject to change)

PRE-REQUISITE COURSES FOR PRACTICUM:

1. MAC 814 Theories of Counselling and Psychotherapy
2. MAC 812 Life-Span Developmental Psychology
3. MAC 810 Ethical, Legal and Professional Issues in Counselling
5. MAC 816 Group Process and Counselling
6. MAC 815 Advanced Counselling and Interviewing Skills

2. COURSE EXEMPTION:

Students may apply for exemption for courses they took from other recognized higher institutions. However, the exemption is subject to the approval of the University. A grade of "A" must be earned in courses requested for exemption, which must be taken not more than 5 years ago. Practicum is not eligible for exemption.