LEE KONG CHIAN SCHOOL OF MEDICINE

AY2024-25 HoPE Programme Schedule - Graduate Certificate in HoPE

TOPIC	CS CS	LECTURERS	Online Tutorial	F2F Tutorial
			Date and Time	Date and Time
	Orientation/Welcome			Orientation
				Date & Venue TBC
MD61	LO1 Foundations of Palliative Medicine			
UNIT 1	: Principles Of Palliative Care			
	Overview of Palliative Care & Evolving Role of Palliat	ive Care	1	
	History, Philosophy, and Challenges	Dr Wu Huei Yaw		
1.2	Overview of clinical course in life-limiting illnesses	Dr Poi Choo Hwee		
	(cancer & non-cancer)			
	Overview of Current Disease-modifying Therapies of			
1.3	Role of chemotherapy & immune system	Prof Simon Ong Yew Kuang		
	modulatory therapies			
1.4	Role of radiotherapy and radiopharmaceuticals	Dr Timothy Cheo Song Tao		
1.5	Role of general surgery	Dr Claramae Chia Shulyn		
	Role of hepatobiliary surgery	Dr Terence Huey Cheong Wei		
1.7	Role of spinal surgery	Dr Jacob Oh Yoong Leong		
1.8	Role of orthopaedic surgery	Dr Lester Chan Wai Mon		
	Role of head and neck surgery	Dr Lim Ming Yann		
1.10	Role of radiological procedures in palliation of	Dr Pua Uei		
	symptoms			
	: Symptoms In Palliative Care			
	Pain		-	
	Pain assessment	Dr Allyn Hum		
2.2	Pain management – analgesic ladder, clinical	Dr Allyn Hum		
	therapeutics, introduction to common analgesics			
	(non-opioids, opioids and adjuvants)			
2.2	Detailed pharmacology of common analgesics (non-	Mc Christina IV Tan		
2.3		Ms Christina JY Tan Ms Lee Hwei Khien		
	opioids, opioids and adjuvants)	IVIS Lee riwer killeri		
2.4	Neuropathic pain and management strategies	Dr Allyn Hum		
2.7	Neuropatine pain and management strategies	Di Allyii Hulli		
2.5	Role of anaesthetic & radiological interventions in	Dr Terence Quek		
	palliation of pain	Dr Pua Uei		
	Respiratory symptoms & disorders			
2.6	Dyspnoea, cough, haemoptysis, secretions & other	Dr Chiam Zi Yan		
	respiratory symptoms			
	Neurological symptoms & disorders (other than neur	ropathic pain)		
	Delirium	Dr Mervyn Koh		
2.8	Brain and meningeal metastases	Dr Marysol Dalisay-Gallardo		
	Online Tutorial		Online Tutorial 1 (4hrs)	
			Week #4, 29 Aug 2024	
			2pm to 6pm	
	Gastrointestinal symptoms & disorders			
2.0	Nausea, vomiting, early satiety & abdominal	Dr Jennifer Guan Huey Chen		
2.9	distension	Di Jenniner Guan riuey Chen		
2.10	Dysphagia, dyspepsia, aspiration & hiccups	Dr Heng Xiaowei		
	Diarrhoea & constipation	Dr Ang Shih-ling		
	Ascites & hepatobiliary-related symptoms	Dr Brandon Nah Chung Yau		
	Intestinal obstruction	Dr Lynn Wiryasaputra		
	meestinal obstruction		L	1

0.44	Head and neck cancer symptoms & disorders	I=		
2.14	Otorhinolaryngological symptoms including oral	Dr Lim Ming Yann		
	symptoms, speech, swallowing & airway			
	compromise			
	Constitutional symptoms	T- :		
	Anorexia-cachexia syndrome	Dr Laurence Tan Lean Chin		
	Fatigue & asthenia	Dr Goh Wen Yang		
	Mid-Term Assessment (Main) - 40%			Mid-Term Assessment
	Unit 1 - 2			(Main)
	20 MCQs			Week #7, 19 Sep 2024
	40 minutes			10am to 10.40am
				Venue TBC
UNIT 3	: Palliative Care For Non-Cancer Illnesses			
	Advanced Dementia & Frality		1	I
3.1	Role of palliative care in patients with advanced	Dr Allyn Hum		
	dementia			
3.2	Behavioural challenges and management in	Dr Noorhazlina		
	advanced dementia			
3.3	Role of palliative care for patients with frailty	Dr Goh Wenyang		
	Advanced Heart Failure	Γ		
3.4	Palliative Care in Advanced Heart Failure and	Dr Aw Chia Hui		
	Management Strategies			
	Advanced Renal Failure	T .		
3.5	Role of palliative care in advanced renal failure and	Dr Lee Guozhang		
	management strategies			
	-Introduction, pathophysiology, principles of			
	management			
	Advanced Lung Failure			
3.6	Role of palliative care in advanced chronic	Dr Chiam Zi Yan		
	obstructive pulmonary disease (COPD) and			
	management strategies			
	-Introduction, pathophysiology, principles of			
	management			
	Advanced Liver Failure			
3.7	Role of palliative care in advanced liver failure and	Dr Chia Siew Chin		
	management strategies			
	-Introduction, pathophysiology, principles of			
	management			
UNIT 4	: Palliative Care Emergencies I			
4.1	Malignant spinal cord compression and introduction	Dr Yee Choon Meng		
	to management strategies			
4.2	Bleeding in palliative care and introduction to	Dr Ong Yew-Jin Joseph		
	management strategies			
4.3	Humoral hypercalcemia of malignancy and	APN Chia Gerk Sin		
	introduction to management strategies			
	Online Tutorial		Online Tutorial 2 (4hrs)	
			Week #9, 26 Sep 2024	
			2pm to 6pm	
	Mid-Term Assessment (Supplementary)			Mid-Term Assessment
	Unit 1 - 2			(Supplementary)
	20 MCQs			Week #10,
	40 minutes			10 Oct 2024
				10am to 10.40am
				Venue TBC
4.4	Seizures & status epilepticus and introduction to	Dr Lionel See Kee Yon		
	management strategies			
4.5	Superior vena cava obstruction & cancer venous	Dr Lee Chung Seng		
	thromboembolism and introduction to			
	management Strategies			
4.6	Dyspnoea crisis and airway obstruction and	Dr Tricia Yung		
	introduction to management strategies			
4.7	Neutropenic sepsis & tumor lysis syndrome and	Dr Ong Kiat Hoe		
L	introduction to management strategies			

	Onsite Workshop			Onsite Tutorial (7.5h)
	Symptoms (AM) + Non-cancer and Palliative			Week #11,
	Emergencies (PM)			16 Oct 2024
				9am to 5.30pm
				Venue TBC
	Final Assessment (Main) - 60%			Final Assessment (Main)
	Unit 2-4			Week #13, 1 Nov 2024
	30 MCQs			10am to 11am
	1 hour			Venue TBC
	1 Hou			venue i bc
	Final Assessment (Supplementary)			Final Assessment
	Unit 2-4			(Supplementary)
	30 MCQs			Week#16,
	1 hour			21 Nov 2024
				4.30pm to 5.30pm
				Venue TBC
	.02 Foundations of Psychosocial Care and Tha	natology		
	: Psychological Health And Medical Humanities			ı
1.1	Psychological Aspects in End-Of-Life	Dr Lim Wen Phei,	4	
		Dr Lee Xin Er		
1.2	Anxiety and Depression in Life-Limiting Illness	Dr Kwan Yunxin,	_	
		Dr Tang Hui Kheng		
1.3	Basic Clinical Assessments in Suicide and Desire for	Dr Kwan Yun Xin,		
	Hastened Death	Dr Tang Hui Kheng		
1.4	Beyond illness: Psychosocial aspects of transitioning	Mr Ng Yong Hao		
	from acute illness to survivorship			
	•			
UNIT 2	: Social Aspect Of Care			
	Social Assessment with BPSS framework	Ms Candice Tan		
	The Social Worker's Role and Focus in Palliative,	Ms Chee Wai Yee		
	End-of-Life and Terminal Care			
2.3	Ethical Dilemmas in Social Work Practice	Mr Ng Yong Hao		
	Models of intervention and assessment by social	Ms Koh Tang En		
2.4	workers	INIS KOIT TUING EIT		
2.5	Care co-ordination and case management	Ms Chee Wai Yee		
		Ms Peh Cheng Wan		
	Supporting the Family and Significant Others as Care			
2.7	Partners	ivis i cir circing warr		
2.8	The Use of Volunteers in Palliative Care (basic:	Ms Peh Cheng Wan		
2.0	working with volunteers)	IVIST CIT CITCHE WAIT		
	Online Tutorial		Online Tutorial 1 (4hrs)	
	Offilite Tutorial			
			Week #4, 5 Dec 2024	
			2pm to 6pm	
LINIT	· Spirituality And Hone In Palliative Core			
	: Spirituality And Hope In Palliative Care	Dr Andy Ho		
	Existentialism, life-meaning & purpose	Dr Andy Ho		
3.2	Attitude towards life & attainment of life goals	Dr Andy Ho		
2.2	Multi cultural divorcity and raligious assessed in the	Mc Jayna Chiara I cara		
3.3	,	Ms Jayne Chiara Leong		
-	human spiritual endowment	Ma James Chilene Le		
3.4	Spiritually-informed cultural norms and religious	Ms Jayne Chiara Leong		
1.15.17	practices in palliative care			
	: Grief And Bereavement	Mar Cillian C		1
	Loss, Grief and Bereavement: An Overview	Ms Gillian Ong		
	Change, Transition and Loss	Ms Gillian Ong		
	Managing Grief around Death	Ms Gillian Ong		
4.4	Non-Death Loss and Grief: Context and Clinical	Dr Andy Ho		
	Implications			
	Therapeutic Modalities in Loss and Grief	Dr Gilbert Fan		
4.6	Grief Counseling and Support: Creative Responses	Dr Gilbert Fan		
	to Loss and Grief			
4.7	8	Dr Gilbert Fan		
	on Grief and Loss			

4.9 Traumatic, Violent and Horrendous Deaths 4.10 Prolonged Grief Disorder: Assessment and Intervention Mid-Term Assessment Due Date - 10% Discussion Board Posting -1st post by 8 Jan 2025 -2nd post by 10 Jan 2025 -2nd po	4.0	Over device of Consultanted Development	Mr Na Vana Haa		
4.10 Prolonged Grief Disorder. Assessment and Intervention Dr Lee Xin Er Mid-Term Assessment Due Date - 10% Discussion Board Posting 131 post by 8 Jan 2025 22d post by 10 Jan 2025 22d po			Mr Ng Yong Hao		
Intervention Mid-Term Assessment Due Date - 10% Discussion Board Posting - 1st post by 3 In 2025 - 2nd good by 10 Jan 2025 UNIT 5- Denthy And Compassion in Pallative Care - 3.1 Dignity and Humanity - 5.2 The Foundation of Dignity-Conserving Care - 5.3 Dignity in the Asian Context - 5.4 Evolutionary origins and roots of compassion - 5.4 Evolutionary origins and roots of compassion - 5.5 The intersection of compassion, loss and grief - 5.6 The intersection of compassion, loss and grief - 6.1 Cultural Perspectives in Thanatology - 6.2 Cultural Perspectives in Thanatology - 6.3 Diversity and Social Justice Issues in Death, Dying - 6.4 Death Education and Innovations - 6.5 Onsite Tutorial / Workshop Course Assessment Due Date - 30% - 6.4 Evolutionary on And Innovations - 6.5 Onsite Tutorial / Workshop Course Assessment Due Date - 30% - 6.6 Vidence-based Reflective Essay Course Assessment (Main) - 60% - 30 MCQs - 1 hour MD5103 Foundations of Pallistive Care in Practice UNIT 2 Caring in Place - 1.2 Pallistive care a cheek of Care of the Pullistic Care in Practice UNIT 2 Caring in Place - 1.3 Management of pallistive Care in Practice UNIT 2 Caring in Place - 1.4 Pallistive care a cheek of Care of the Pullistic Care in Practice UNIT 2 Caring in Place - 1.3 Management of pallistive Care in Practice UNIT 2 Caring in Place - 1.4 Pallistive Care in Practice UNIT 2 Caring in Place - 1.2 Pallistive Care in Parentice - 1.3 Management of pallistive Care in Practice - 1.4 Pallistive Care and models of care - 1.5 Discussion Making At The End-Of-Uile - 1.5 Discussion Making At The End-Of-Uile - 1.5 Discussion Making At The End-Of-Uile - 1.5 Principles Care Care Planning (ACP) - 2.7 Role of Decision Making At The End-Of-Uile - 1.5 Discussion Making At The End-Of-Uile					
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Discussion Board Protting Due Date Week #7, 8 Jan 2025		Intervention	Dr Lee Xin Er		
- 1st post by 8 Jan 2025 - 2nd nosb by 10 Ja		Mid-Term Assessment Due Date - 10%			Mid-Term Assessment
- 1st post by 8 Jan 2025 - 2nd nosb by 10 Ja		Discussion Board Posting			Due Date
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2.2 Role of Decision-Making Tools at the End-of-Life					
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LINIT 3	: Ethics In Palliative Practice			
	Common Frameworks in Ethical Analysis	Dr Neo Han Yee		
	: Communication In Palliative Care	Di Neo Hali Tee		
_	Basics of Communication			
	Goal and purpose of communication	Dr Joseph Ong		
	Microskills in good communication	Dr Tricia Yung		
	Empathetic communication	Dr Tricia Yung		
	Approach to speaking to patients and family	Dr Joseph Ong		
	Interdisciplinary communication	Dr Chia Siew Chin		
	Self-awareness: How to handle your own emotions	Dr Chia Siew Chin		
4.0	Sen awareness. How to handle your own emotions	Di cina siew cinii		
	Onsite Workshop			Onsite Workshop (7.5h)
	CLEAR (AM) + Communications (PM)			Week #5, 3 Apr 2025
	CLEAN (ANY) + Communications (FIVI)			9am to 5.30pm
				Venue TBC
				venue rbc
UNIT 5	: Nursing Care In Advanced Illnesses			
OIVII 3	Care of the Dependent Patient			
5.1	Oral Health in Palliative Care Patients	APN Lee Jing Ru		
	Personal Hygiene and Grooming Support in relation	APN Lee Jing Ru		
3.2	to body image and dignity in Palliative Care Patients			
	to add, image and diginey in ranidative care rations			
	Management of Wounds in Life Limiting Illness			
	Principles of wound management in palliative care	SNC Goh Cheng Cheng		
3.5	Timespies of wound management in panative care	Sive don energ energ		
	Supporting Individuals with Continence Related Issue	s and Drainage Systems		
	Nursing management of patients with continence	APN Ng Wan Ru		
3.1	related issues	The stanta		
5.5	Nursing management of various drainage systems -	APN Ng Wan Ru		
3.3	NGJ, IDC, PCN, PTC, pleural drains, flexiseal and	The real real real real real real real rea		
	abdominal drains			
	Safe Feeding and Nutritional Needs			
	Swallowing test, safe feeding techniques and	Ms Yong Xing Tong		
3.0	consistencies of food	IVIS TOTIS ATTIS		
5.7	Nutrition supplements and food options for patients	Ms Teresa Ng Hui Xian		
3.7	with anorexia and cachexia	Teresa Ng Har Xian		
	Drug administration in Palliative Care			
5.8		APN Sylvia Lee		
	injection and infusion pump			
	Transdermal, intrathecal, sublingual, rectal drug	APN Sylvia Lee		
0.5	administration	7.1.1.0,111.0.200		
	Care of the Dying Patient			
5.10	Care in the Final Hours	Dr Chia Siew Chin		
	Online Tutorial		Online Tutorial 1 (4hrs)	
	Case studies (nursing, PC in different places etc)		Week #7, 17 Apr 2025	
	Tradica (2pm to 6pm	
			_p to op	
	Mid-Term Assessment Due Date			Mid-Term Assessment
	Group Assignment (videos on communications)			Due Date
	, (Week #8, 24 Apr 2025
UNIT 6	: Rehabilitation And Expressive Arts Therapy Interven	tions In Palliative Care		
	Rehabilitation and Expressive Arts Therapy	Ms Grace Sim		
	Interventions in Palliative Care			
6.2	Goal Setting in Therapy	Ms Roxanne Foo		
	Symptom and Safety Considerations for Therapy	Ms Roxanne Foo		
	and Rehabilitation			
	Profession Specific Practice in Palliative Care	•		,
	Speech Therapy in Palliative Care	Ms Yong Xing Tong		
	Physiotherapy in Palliative Care	Ms Chia Huey Yen		
	Occupational Therapy in Palliative Care	Ms Celine Yun Lee Yong		
	Music Therapy in Palliative Care	Ms Tammy Lim		
	Art Therapy in Palliative Care	Ms Gillian Ong		
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UNIT 7: Paediatrics		Online Tutorial (4hrs) Week #10, 8 May 2025 2pm to 6pm	
7.1 Introduction to Paediatric Palliative Care	Dr Chong Poh Heng		
Final Assessment (Main) - 60% 30 MCQs 1 hour			Final Assessment (Main) Week#13, 29 May 2025 10am to 11am Venue TBC
Final Assessment (Supplementary) 30 MCQs 1 hour			Final Assessment (Supplementary) Week#16, 19 Jun 2025 10am to 11am Venue TBC

Information provided above is correct at the point of publishing and is subjected to changes.

Important Notes

- 1. All lectures are conducted online and are available at the start of the programme. Subsequent lectures will be available after the completion of the preceding lecture.
- 2. The Mid-term Assessments (MCQ) and Final Assessments (MCQ), onsite tutorials and workshops are conducted in-person on LKCMedicine Novena Campus.
- 3. There will be a Main and a Supplementary Paper for each MCQ Assessments. Students are required to attempt the Main Papers for all MCQ Assessments. The Supplementary Papers are for students who did not manage to obtain a pass grade for the Main Paper.
- 4. The Supplementary Papers are not meant for students to be excused from the Main Paper as it is designed primarily for those who did not pass the Main Paper, to have a second chance at it.
- 5. Any student who is not successful in obtaining a pass grade for the supplementary assessment of any of the three courses, would have to retake the assessment for the specific course(s) with the subsequent cohort a year later.