

AY2021-22 Academic Calendar

Topic		Run Date	Lecturer	
MD5002 Sports Injuries I				
2.1	Fundamentals of sports medicine (pathophysiology, diagnosis, investigation)	26 Jul 2021 – 1 Aug 2021	Prof Peter Brukner	peterbrukner@gmail.com
2.2	The foot, ankle and leg	2 Aug 2021 – 8 Aug 2021	Adj Assoc Prof Wong Yue Shuen	yueshuen@gmail.com
2.3	The knee	9 Aug 2021 – 15 Aug 2021	Adj Asst Prof Ivy Lim Adj Asst Prof Lim Ang Tee	ivy.lim@singhealth.com.sg lim.ang.tee@singhealth.com.sg
2.4	The hip, groin and pelvis	16 Aug 2021 – 22 Aug 2021	Prof Peter Brukner	peterbrukner@gmail.com
	Reading Week	23 Aug 2021 – 27 Aug 2021		
	Course Assessment (Main)	28 Aug 2021, Saturday, 3:00pm - 4:00pm, Learning Studio, Level 5, Clinical Sciences Building (CSB), LKCMedicine Novena Campus		
	Course Assessment (Supplementary)	18 Sep 2021, Saturday, 3:00pm - 4:00pm, Seminar Room 5-1, Level 5, Clinical Sciences Building (CSB), LKCMedicine Novena Campus		

MD5003 Sports Injuries II				
3.1	The lumbar spine	6 Sep 2021 – 12 Sep 2021	Adj Assoc Prof Wong Yue Shuen	yueshuen@gmail.com
3.2	The shoulder	13 Sep 2021 – 19 Sep 2021	Adj Assoc Prof Wong Yue Shuen	yueshuen@gmail.com
3.3	The elbow, wrist and hand	20 Sep 2021 – 26 Sep 2021	Adj Assoc Prof Wong Yue Shuen Dr Lim Baoying	yueshuen@gmail.com baoying_lim@cgh.com.sg
3.4	The cervical spine and concussion in sports	27 Sep 2021 - 3 Oct 2021	Prof Peter Brukner	peterbrukner@gmail.com
	Reading Week	4 Oct 2021 – 8 Oct 2021		
	Course Assessment	9 Oct 2021, Saturday, 12:30pm - 1:30pm, Learning Studio, Level 5, Clinical Sciences Building (CSB), LKCMedicine Novena Campus		
	Workshop I – Physical examination techniques	9 Oct 2021, Saturday, 2:00pm – 6:00pm, Communication Suite LKCMedicine Novena Campus	Adj Assoc Prof Roger Tian	roger.tian.h.h@singhealth.com.sg
	Course Assessment (Supplementary)	30 Oct 2021, Saturday, 3:00pm - 4:00pm, Seminar Room 5-1, Level 5, Clinical Sciences Building (CSB), LKCMedicine Novena Campus		
MD5001 Principles of Sports and Exercise Medicine				
1.1	Cardiorespiratory response to exercise	18 Oct 2021 – 24 Oct 2021	Dr Frankie Tan	frankietina@gmail.com
1.2	The effects of exercise on the musculoskeletal system	25 Oct 2021 – 31 Oct 2021	Dr Edwin Chong	chong_edwin@defence.gov.sg
1.3	Biomechanics of walking, running, swimming, throwing and racquet sports	1 Nov 2021 – 7 Nov 2021	Dr John Tan Asst. Prof. Cyril Donnelly	john.tan@nie.edu.sg cyril.donnelly@ntu.edu.sg
1.4	Principles of Injury prevention and rehabilitation	8 Nov 2021 – 14 Nov 2021	Ms Adele Ang	adeleang@gmail.com
	Reading Week	15 Nov 2021 – 19 Nov 2021		
	Course Assessment (Main)	20 Nov 2021, Saturday, 3:00pm - 4:00pm, Learning Studio, Level 5, Clinical Sciences Building (CSB), LKCMedicine Novena Campus		

	Course Assessment (Supplementary)	11 Dec 2021, Saturday, 3:00pm - 4:00pm, Seminar Room 5-1, Level 5, Clinical Sciences Building (CSB), LKCMedicine Novena Campus		
MD5004 Medical Considerations in Sports and Exercise				
20 hours Clinical Attachment		29 Nov 2021 – 30 April 2022, Sports Medicine Centre/Clinic at CGH, NUH, TTSH or KTPH		
4.1	Risks and benefits of physical activity and exercise	29 Nov 2021 – 19 Dec 2021	Adj Assoc Prof Benedict Tan	benedict.tan.c.l@singhealth.com.sg
4.2	Pre-participation screening		Adj Asst Prof Lim Ang Tee	lim.ang.tee@singhealth.com.sg
4.3	Clinical Exercise Testing and Cardiovascular Screening Tests		Adj Assoc Prof Anna Tong Khim Leng Asst Prof Sanjay Chotirmall	tong.khim.leng@singhealth.com.sg schotirmall@ntu.edu.sg
4.4	Exercise Prescription for Health and Common Chronic Disease		Dr Ng Chung Sien	chung_sien_ng@cgh.com.sg
Break		20 Dec 2021 – 9 Jan 2022		
	Reading Week	10 Jan 2022 – 14 Jan 2022		
	Course Assessment	15 Jan 2022, Saturday, 12:30pm - 1:30pm, Learning Studio, Level 5, Clinical Sciences Building (CSB), LKCMedicine Novena Campus		
	Chinese New Year (1 Feb and 2 Feb)	31 Jan 2022 - 4 Feb 2022		
	Course Assessment (Supplementary)	12 Feb 2022, Saturday, 3:00pm - 4:00pm, Seminar Room 5-1, Level 5, Clinical Sciences Building (CSB), LKCMedicine Novena Campus		
	Workshop II Exercise Prescription Practicum	15 Jan 2022, Saturday, 2:00pm – 6:00pm, Seminar Room 7-1, Level 7, Clinical Sciences Building (CSB), LKCMedicine Novena Campus	Dr Ng Chung Sien	chung_sien_ng@cgh.com.sg
MD5005 Exercise in Special Populations				
5.1a	Injuries in the child and adolescent athlete	24 Jan 2022 – 30 Jan 2022	Prof Peter Brukner	peterbrukner@gmail.com

5.1b	Exercise in the elderly	31 Jan 2022 – 6 Feb 2022	Ms Teresa Wong	tsmwong@icloud.com
5.2	Exercise in the female athlete and pregnancy	7 Feb 2022 – 13 Feb 2022	Mr Micheal Lim Dr Ivy Lim	micheal.lim@hey.com ivy.lim@singhealth.com.sg
5.3	Exercise in people with disability	14 Feb 2022 – 20 Feb 2022	Adj Assoc Prof Cindy Lin	cinders358@gmail.com
5.4	Injuries in the military population	21 Feb 2022 – 27 Feb 2021	LTC Dr Alexander Gorny	awgorny@gmail.com
	Reading Week	28 Feb 2022 – 4 Mar 2021		
	Course Assessment (Main)	5 Mar 2022, Saturday, 3:00pm - 4:00pm, Learning Studio, Level 5, Clinical Sciences Building (CSB), LKCMedicine Novena Campus		
	Course Assessment (Supplementary)	26 Mar 2022, Saturday, 3:00pm - 4:00pm, Seminar Room 5-1, Level 5, Clinical Sciences Building (CSB), LKCMedicine Novena Campus		
MD5006 Thermal Stress, Drug Use in Sports, Sports Nutrition and Event Medical Cover				
6.1	Exercise in extreme environments and thermal injuries	14 Mar 2022 – 20 Mar 2022	Assoc Prof Fabian Lim	fabianlim@ntu.edu.sg
6.2	Doping in sports and the WADA code	21 Mar 2022 – 27 Mar 2022	Prof Peter Brukner	peterbrukner@gmail.com
6.3	Principles of sports nutrition	28 Mar 2022 – 3 April 2021	Prof Peter Brukner Assoc Prof Fabian Lim Dr Koh Han Chow	peterbrukner@gmail.com fabianlim@ntu.edu.sg
6.4	Travelling with a team and event medical cover	4 April 2022 – 10 April 2022	Prof Peter Brukner	peterbrukner@gmail.com
	Reading Week	11 April 2022 – 15 April 2022		
	Course Assessment (Main)	16 Apr 2022, Saturday, 12:30pm - 1:30pm, Learning Studio, Level 5, Clinical Sciences Building (CSB), LKCMedicine Novena Campus		
	Course Assessment (Supplementary)	7 May 2022, Saturday, 3:00pm - 4:00pm, Seminar Room 5-1, Level 5, Clinical Sciences Building (CSB), LKCMedicine Novena Campus		

	<u>Workshop III</u> Physiological testing - lecture & demonstration Performance testing for sports performance	16 Apr 2022, Saturday, 2:00 - 6:00pm, Seminar Room 7-1, Level 7, Clinical Sciences Building (CSB), LKCMedicine Novena Campus	Assoc Prof Fabian Lim	fabianlim@ntu.edu.sg
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Summary Training				
Day 01	Radiological investigations	19 May 2022, Thursday, 9:00am – 12:00pm, Seminar Room 7-1, Level 7, Clinical Sciences Building (CSB), LKCMedicine Novena Campus	Dr Chong Le Roy	le_roy_chong@cgh.com.sg
	Principles of rehabilitation - lecture & practicum	19 May 2022, Thursday, 1:00pm – 5:00pm, Communication Suite, Level 6, Clinical Sciences Building (CSB), LKCMedicine Novena Campus	Dr Elaine Gomez Ms Suelyn Chan	elaine_gomez@cgh.com.sg suelyn_chan@cgh.com.sg
Day 02	Pitch–Side Medical Cover (Part I)	20 May 2022, Friday, 8:30am -- 12:30pm, Communication Suite, Level 6, Clinical Sciences Building (CSB), LKCMedicine Novena Campus	Dr Ng Chung Sien	chung_sien_ng@cgh.com.sg
	Pitch–Side Medical Cover (Part II)	20 May 2022, Friday, 1:00pm -- 5:00pm, Communication Suite, Level 6, Clinical Sciences Building (CSB), LKCMedicine Novena Campus		
Day 03	OSCE Briefing	21 May 2022, Saturday, 9:00am – 12:00pm, Communication Suite, Level 6, LKCMedicine Novena Campus	Adj Assoc Prof Roger Tian	roger_tian@ntu.edu.sg

Final Examination		
1	Objective Structured Clinical Examination (OSCE)	4 June 2022, Saturday, 8:00am – 6:00pm (Timing subject to changes), Communication Suite, Level 6, LKCMedicine Novena Campus
2	Written Paper (MCQ)	25 June 2022, Saturday, 3:00pm – 5:30pm, Learning Studio, Level 5, Clinical Sciences Building (CSB), LKCMedicine Novena Campus

Information provided above is correct at the point of publishing and is subjected to changes.