

AY2020-21 Academic Calendar

Topic		Run Date	Lecturer	
MD5001 Principles of Sports and Exercise Medicine				
1.1	Cardiorespiratory response to exercise	27 Jul 2020 – 2 Aug 2020	Dr Frankie Tan	frankie_tan@sport.gov.sg
1.2	The effects of exercise on the musculoskeletal system	3 Aug 2020 – 9 Aug 2020	Dr Edwin Chong	chong_edwin@defence.gov.sg
1.3	Biomechanics of walking, running, swimming, throwing and racquet sports	10 Aug 2020 – 16 Aug 2020	Dr John Tan Asst. Prof. Cyril Donnelly	john.tan@nie.edu.sg
1.4	Principles of Injury prevention and rehabilitation	17 Aug 2020 – 23 Aug 2020	Ms Adele Ang	adeleang@gmail.com
	Reading Week	24 Aug 2020 – 28 Aug 2020		
	Course Assessment (Main)	29 Aug 2020, Saturday, 4:00pm - 5:00pm, Learning Studio, Level 5, Clinical Sciences Building (CSB), LKCMedicine Novena Campus		
	Course Assessment (Supplementary)	19 Sep 2020, Saturday, 3:00pm - 4:00pm, Seminar Room 5-1, Level 5, Clinical Sciences Building (CSB), LKCMedicine Novena Campus		

MD5002 Sports Injuries I				
2.1	Fundamentals of sports medicine (pathophysiology, diagnosis, investigation)	7 Sep 2020 – 13 Sep 2020	Prof Peter Brukner	peterbrukner@ntu.edu.sg
2.2	The foot, ankle and leg	14 Sep 2020 – 20 Sep 2020	Adj Assoc Prof Wong Yue Shuen	yueshuen@ntu.edu.sg
2.3	The knee	21 Sep 2020 – 27 Sep 2020	Dr Ivy Lim Dr Lim Ang Tee	Ivy_lim@ntu.edu.sg angtee_lim@ntu.edu.sg
2.4	The hip, groin and pelvis	28 Sep 2020 - 4 Oct 2020	Prof Peter Brukner	peterbrukner@ntu.edu.sg
	Reading Week	5 Oct 2020 – 9 Oct 2020		
	Course Assessment (Main)	10 Oct 2020, Saturday, 12:30pm - 1:30pm, Learning Studio, Level 5, Clinical Sciences Building (CSB), LKCMedicine Novena Campus		
	<u>Workshop III</u> Physiological testing - lecture & demonstration Performance testing for sports performance	10 Oct 2020, Saturday, 2:00pm – 6:00pm, Seminar Room 7-1, Level 7, Clinical Sciences Building (CSB), LKCMedicine Novena Campus	Assoc Prof Fabian Lim	fabianlim@ntu.edu.sg
	Course Assessment (Supplementary)	31 Oct 2020, Saturday, 3:00pm - 4:00pm, Seminar Room 5-1, Level 5, Clinical Sciences Building (CSB), LKCMedicine Novena Campus		
MD5003 Sports Injuries II				
3.1	The lumbar spine	19 Oct 2020 – 25 Oct 2020	Adj Assoc Prof Wong Yue Shuen	yueshuen@ntu.edu.sg
3.2	The shoulder	26 Oct 2020 – 1 Nov 2020	Adj Assoc Prof Wong Yue Shuen	yueshuen@ntu.edu.sg
3.3	The elbow, wrist and hand	2 Nov 2020 – 8 Nov 2020	Adj Assoc Prof Wong Yue Shuen Dr Lim Baoying	yueshuen@ntu.edu.sg baoying_lim@cgh.com.sg
3.4	The cervical spine and concussion in sports	9 Nov 2020 – 15 Nov 2020	Prof Peter Brukner	peterbrukner@ntu.edu.sg
	Reading Week	16 Nov 2020 – 20 Nov 2020		
	Course Assessment	21 Nov 2020, Saturday, 3:00pm - 4:00pm, Learning Studio, Level 5, Clinical Sciences Building (CSB), LKCMedicine Novena Campus		
	Course Assessment (Supplementary)	12 Dec 2020, Saturday, 3:00pm - 4:00pm, Seminar Room 5-1, Level 5, Clinical Sciences Building (CSB), LKCMedicine Novena Campus		

MD5004 Medical Considerations in Sports and Exercise				
4.1	Risks and benefits of physical activity and exercise	30 Nov 2020 – 20 Dec 2020	Adj Assoc Prof Benedict Tan	Benedict_tan@ntu.edu.sg
4.2	Pre-participation screening		Dr Lim Ang Tee	angtee_lim@ntu.edu.sg
4.3	Clinical Exercise Testing and Cardiovascular Screening Tests		Dr Anna Tong Khim Leng Asst Prof Sanjay Chotirmall	tong.khim.leng@singhealth.com.sg schotirmall@ntu.edu.sg
4.4	Exercise Prescription for Health and Common Chronic Disease		Dr Ng Chung Sien	chung_sien_ng@cgh.com.sg
Break		21 Dec 2020 – 10 Jan 2021		
	Reading Week	11 Jan 2021 – 15 Jan 2021		
	Course Assessment	16 Jan 2021, Saturday,12:30pm - 1:30pm, Learning Studio, Level 5, Clinical Sciences Building (CSB), LKCMedicine Novena Campus		
	Workshop I – Physical examination techniques	16 Jan 2021, Saturday, 2:00pm – 6:00pm, Communication Suite LKCMedicine Novena Campus	Adj Assoc Prof Roger Tian	roger_tian@ntu.edu.sg
	Course Assessment (Supplementary)	6 Feb 2021, Saturday, 3:00pm - 4:00pm, Seminar Room 5-1, Level 5, Clinical Sciences Building (CSB), LKCMedicine Novena Campus		
20 hours Clinical Attachment		18 Jan 2021 – 30 April 2021, Sports Medicine Centre/Clinic at CGH, NUH, TTSH or KTPH		
MD5005 Exercise in Special Populations				
5.1a	Injuries in the child and adolescent athlete	25 Jan 2021 – 31 Jan 2021	Prof Peter Brukner	peterbrukner@ntu.edu.sg
5.1b	Exercise in the elderly	1 Feb 2021 – 7 Feb 2021	Ms Teresa Wong	tsmwong@icloud.com
Chinese New Year Break		8 Feb 2021 – 14 Feb 2021		
5.2	Exercise in the female athlete and pregnancy	15 Feb 2021 – 21 Feb 2021	Mr Micheal Lim Dr Ivy Lim	micheal.lim.cm@kkh.com.sg lvy_lim@ntu.edu.sg

5.3	Exercise in people with disability	22 Feb 2021 – 28 Feb 2021	Dr Cindy Lin	cinders358@gmail.com
5.4	Injuries in the military population	1 Mar 2021 – 7 Mar 2021	LTC Dr Alexander Gorny	awgorny@gmail.com
	Reading Week	8 Mar 2021 – 12 Mar 2021		
	Course Assessment (Main)	13 Mar 2021, Saturday, 3:00pm - 4:00pm, Learning Studio, Level 5, Clinical Sciences Building (CSB), LKCMedicine Novena Campus		
	Course Assessment (Supplementary)	3 Apr 2021, Saturday, 3:00pm - 4:00pm, Seminar Room 5-1, Level 5, Clinical Sciences Building (CSB), LKCMedicine Novena Campus		
MD5006 Thermal Stress, Drug Use in Sports, Sports Nutrition and Event Medical Cover				
6.1	Exercise in extreme environments and thermal injuries	22 Mar 2021 – 28 Mar 2021	Assoc Prof Fabian Lim	fabianlim@ntu.edu.sg
6.2	Doping in sports and the WADA code	29 Mar 2021 – 4 April 2021	Prof Peter Brukner	peterbrukner@ntu.edu.sg
6.3	Principles of sports nutrition	5 April 2021 – 11 April 2021	Prof Peter Brukner Assoc Prof Fabian Lim Dr Koh Han Chow	peterbrukner@ntu.edu.sg fabianlim@ntu.edu.sg
6.4	Travelling with a team and event medical cover	12 April 2021 – 18 April 2021	Prof Peter Brukner	peterbrukner@ntu.edu.sg
	Reading Week	19 April 2021 – 23 April 2021		
	Course Assessment (Main)	24 Apr 2021, Saturday, 12:30pm - 1:30pm, Learning Studio, Level 5, Clinical Sciences Building (CSB), LKCMedicine Novena Campus		
	Course Assessment (Supplementary)	15 May 2021, Saturday, 3:00pm - 4:00pm, Seminar Room 5-1, Level 5, Clinical Sciences Building (CSB), LKCMedicine Novena Campus		
	<u>Workshop II</u> Exercise Prescription Practicum	24 Apr 2021, Saturday, 2:00pm – 6:30pm, Seminar Room 7-1, Level 7, Clinical Sciences Building (CSB), LKCMedicine Novena Campus	Dr Ng Chung Sien	chung_sien_ng@cgh.com.sg

Summary Training				
Day 01	Radiological investigations	27 May 2021, Thursday, 9:00am – 11.30am, Seminar Room 7-1, Level 7, Clinical Sciences Building (CSB), LKCMedicine Novena Campus	Dr Chong Le Roy	le_roy_chong@cgh.com.sg
	Principles of rehabilitation - lecture & practicum	27 May 2021, Thursday, 1:00pm – 5:00pm, Communication Suite, Level 6, Clinical Sciences Building (CSB), LKCMedicine Novena Campus	Dr Elaine Gomez Ms Suelyn Chan	elaine_gomez@cgh.com.sg suelyn_chan@cgh.com.sg
Day 02	Pitch–Side Medical Cover (Part I)	28 May 2021, Friday, 9:00am -- 12:00pm, Communication Suite, Level 6, Clinical Sciences Building (CSB), LKCMedicine Novena Campus	Dr Ng Chung Sien	chung_sien_ng@cgh.com.sg
	Pitch–Side Medical Cover (Part II)	28 May 2021, Friday, 1:00pm -- 4:00pm, Communication Suite, Level 6, Clinical Sciences Building (CSB), LKCMedicine Novena Campus		
Day 03	Mock OSCE	29 May 2021, Saturday, 9:30am – 2:00pm, Communication Suite, Level 6, LKCMedicine Novena Campus	Adj Assoc Prof Roger Tian	roger_tian@ntu.edu.sg

Final Examination		
1	Objective Structured Clinical Examination (OSCE)	12 June 2021, Saturday, 8:00am – 6:00pm (Timing subject to changes), Communication Suite, Level 6, LKCMedicine Novena Campus
2	Written Paper (MCQ)	3 July 2021, Saturday, 3:00pm – 5:30pm, Learning Studio, Level 5, Clinical Sciences Building (CSB), LKCMedicine Novena Campus

Information provided above is correct at the point of publishing and is subjected to changes.