

AY2024-25 Academic Calendar

Topic		Run Date	Lecturer	
MD6001 Principles of Sports and Exercise Medicine				
1.1	Cardiorespiratory response to exercise	22 Jul 2024 – 28 July 2024	Dr Frankie Tan	frankietina@gmail.com
1.2	The effects of exercise on the musculoskeletal system	29 Jul 2024 – 4 Aug 2024	Dr Edwin Chong	chong_edwin@defence.gov.sg
1.3	Biomechanics of walking, running, swimming, throwing and racquet sports	5 Aug 2024 – 11 Aug 2024	Dr John Tan Asst. Prof. Cyril Donnelly	john.tan@nie.edu.sg
1.4	Principles of Injury prevention and rehabilitation	12 Aug 2024 – 18 Aug 2024	Ms Adele Ang	adeleang@gmail.com
	Reading Week	19 Aug 2024 – 23 Aug 2024		
	Course Assessment (Main)	24 Aug 2024, Saturday, 3:00pm - 4:00pm, Learning Studio, Level 5, Clinical Sciences Building (CSB), LKCMedicine Novena Campus		
	Course Assessment (Supplementary)	14 Sep 2024, Saturday, 3:00pm - 4:00pm, Seminar Room 7-1, Level 7, Clinical Sciences Building (CSB), LKCMedicine Novena Campus		

MD6002 Sports Injuries I				
2.1	Fundamentals of sports medicine (pathophysiology, diagnosis, investigation)	2 Sep 2024 – 8 Sep 2024	Adj Assoc Prof Kelvin Chew	kelvin.chew.t.l@singhealth.com.sg
2.2	The foot, ankle and leg	9 Sep 2024 – 15 Sep 2024	Adj Assoc Prof Wong Yue Shuen	yueshuen@gmail.com
2.3	The knee	16 Sep 2024 – 22 Sep 2024	Adj Asst Prof Ivy Lim Adj Asst Prof Lim Ang Tee	ivy.lim@singhealth.com.sg lim.ang.tee@singhealth.com.sg
2.4	The hip, groin and pelvis	23 Sep 2024 – 29 Sep 2024	Dr Joshua Li Zhongyi	JOSHUA.LI@singhealth.com.sg
	Reading Week	30 Sep 2024 – 4 Oct 2024		
	Course Assessment (Main)	5 Oct 2024, Saturday, 12:30pm - 1:30pm, Learning Studio, Level 5, Clinical Sciences Building (CSB), LKCMedicine Novena Campus		
	<u>Workshop</u> Physiological testing - lecture & demonstration Performance testing for sports performance	5 Oct 2024, Saturday, 2:00pm – 6:00pm, Communication Suite, Level 6, Clinical Sciences Building (CSB), LKCMedicine Novena Campus	Dr Fabian Lim	fabianlim@ntu.edu.sg
	Course Assessment (Supplementary)	26 Oct 2024, Saturday, 3:00pm - 4:00pm, Seminar Room 7-1, Level 7, Clinical Sciences Building (CSB), LKCMedicine Novena Campus		
MD6003 Sports Injuries II				
3.1	The lumbar spine	14 Oct 2024 – 20 Oct 2024	Adj Assoc Prof Wong Yue Shuen	yueshuen@gmail.com
3.2	The shoulder	21 Oct 2024 – 27 Oct 2024	Adj Assoc Prof Wong Yue Shuen	yueshuen@gmail.com
3.3	The elbow, wrist and hand	28 Oct 2024 – 3 Nov 2024	Dr Lim Baoying	baoying_lim@cgh.com.sg
3.4	The cervical spine and concussion in sports	4 Nov 2024 – 10 Nov 2024	Dr Victor Tan Dr Mandy Zhang	victor.tan.a.k@singhealth.com.sg mandy.zhang.j@singhealth.com.sg
	Reading Week	11 Nov 2024 – 15 Nov 2024		

	Course Assessment (Main)	16 Nov 2024, Saturday, 3:00pm - 4:00pm, Learning Studio, Level 5, Clinical Sciences Building (CSB), LKCMedicine Novena Campus		
	Course Assessment (Supplementary)	7 Dec 2024, Saturday, 3:00pm - 4:00pm, Seminar Room 7-1, Level 7, Clinical Sciences Building (CSB), LKCMedicine Novena Campus		
MD6004 Medical Considerations in Exercise and Sports				
4.1	Risks and benefits of physical activity and exercise	25 Nov 2024 – 15 Dec 2024	Adj Assoc Prof Benedict Tan	benedict.tan.c.l@singhealth.h.com.sg
4.2	Pre-participation screening		Adj Asst Prof Lim Ang Tee	lim.ang.tee@singhealth.com.sg
4.3	Clinical Exercise Testing and Cardiovascular Screening Tests		Adj Assoc Prof Anna Tong Khim Leng Dr Chai Hui Zhong	tong.khim.leng@singhealth.h.com.sg chai.hui.zhong@singhealth.h.com.sg
4.4	Exercise Prescription for Health and Common Chronic Disease		Dr Ng Chung Sien	chung_sien_ng@cgh.com.sg
Break		16 Dec 2024 – 5 Jan 2025		
	Reading Week	6 Jan 2025 – 10 Jan 2025		
	Course Assessment (Main)	11 Jan 2025, Saturday, 12:00pm - 1:00pm, Learning Studio, Level 5, Clinical Sciences Building (CSB), LKCMedicine Novena Campus		
	Workshop Physical examination techniques	11 Jan 2025, Saturday, 1:30pm – 5:30pm, Communication Suite LKCMedicine Novena Campus	Adj Assoc Prof Roger Tian	roger.tian.h.h@singhealth.com.sg>
	Course Assessment (Supplementary)	8 Feb 2025, Saturday, 3:00pm - 4:00pm, Seminar Room 7-1, Level 7, Clinical Sciences Building (CSB), LKCMedicine Novena Campus		
20 hours Clinical Attachment		13 Jan 2025 – 31 May 2025, Sports Medicine Centre/Clinic at CGH, NUH, TTSH or KTPH		
MD6005 Exercise in Special Populations				
Chinese New Year (28 Jan – 30 Jan)		27 Jan 2025 – 2 Feb 2025		

5.1a	Injuries in the child and adolescent athlete	20 Jan 2025 – 26 Jan 2025	Dr Mohammad Ashik Zainuddin	mohammad.ashik.zainuddin@singhealth.com.sg
5.1b	Exercise in the elderly	27 Jan 2024 – 9 Feb 2024 (in view of CNY break)	Ms Teresa Wong	tsmwong@icloud.com
5.2	Exercise in the female athlete and pregnancy	10 Feb 2025 – 16 Feb 2025	Mr Micheal Lim Adj Asst Prof Ivy Lim	micheal.lim@hey.com ivy.lim@singhealth.com.sg
5.3	Exercise in people with disability	17 Feb 2025 – 23 Feb 2025	Adj Assoc Prof Cindy Lin	cinders358@gmail.com
5.4	Injuries in the military population	24 Feb 2025 – 2 Mar 2025	Dr Suriya Prakaash	suriya_prakaash@defence.gov.sg
	Reading Week	3 Mar 2025 – 7 Mar 2025		
	Course Assessment (Main)	8 Mar 2025, Saturday, 3:00pm - 4:00pm, Learning Studio, Level 5, Clinical Sciences Building (CSB), LKCMedicine Novena Campus		
	Course Assessment (Supplementary)	29 Mar 2025, Saturday, 3:00pm - 4:00pm, Seminar Room 5-1, Level 5, Clinical Sciences Building (CSB), LKCMedicine Novena Campus		
MD6006 Thermal Stress, Drug Use in Sports, Sports Nutrition and Event Medical Cover				
6.1	Exercise in extreme environments and thermal injuries	17 Mar 2025 – 23 Mar 2025	Dr Fabian Lim	fabianlim@ntu.edu.sg
6.2	Doping in sports and the WADA code	24 Mar 2025 – 30 Mar 2025	Dr Teoh Chin Sim	teoh.chin.sim@ktph.com.sg
6.3	Principles of sports nutrition	31 Mar 2025 – 6 Apr 2025	Dr Fabian Lim Dr Koh Han Chow	fabianlim@ntu.edu.sg
6.4	Travelling with a team and event medical cover	7 Apr 2025 – 13 Apr 2025	Adj Assoc Prof Kelvin Chew	kelvin.chew.t.l@singhealth.com.sg
	Reading Week	14 Apr 2025 – 18 Apr 2025		
	Course Assessment (Main)	26 Apr 2025, Saturday, 12:30pm - 1:30pm, Learning Studio, Level 5, Clinical Sciences Building (CSB), LKCMedicine Novena Campus		
	<u>Workshop</u> Exercise Prescription Practicum	26 Apr 2025, Saturday, 2:00pm – 5:00pm, Learning Studio, Level 5, Clinical Sciences Building (CSB), LKCMedicine Novena Campus	Dr Ng Chung Sien	chung_sien_ng@cgh.com.sg

	Course Assessment (Supplementary)	17 May 2025, Saturday, 3:00pm - 4:00pm, Seminar Room 7-1, Level 7, Clinical Sciences Building (CSB), LKCMedicine Novena Campus		
Summary Training				
Day 01	OSCE Briefing	30 May 2025, Friday, 8:30am – 9.30am, Seminar Room 7-1, Level 7, Clinical Sciences Building (CSB), LKCMedicine Novena Campus	Adj Assoc Prof Roger Tian	roger_tian@ntu.edu.sg
	Podiatry Workshop	30 May 2025, Friday, 9:45am – 10:45am, Seminar Room 7-1, Level 7/Learning Studio, Level 5, Clinical Sciences Building (CSB), LKCMedicine Novena Campus	Mr Tye Lee Tze	tyeleetze@yahoo.com.sg
	Radiological investigations	30 May 2025, Friday, 11:00am – 1:00pm, Seminar Room 7-1, Level 7/Learning Studio, Level 5, Clinical Sciences Building (CSB), LKCMedicine Novena Campus	Dr Chong Le Roy	le_roy_chong@cgh.com.sg
	Principles of rehabilitation - lecture & practicum	30 May 2025, Friday, 2:00pm – 6:00pm, Learning Studio, Level 5, Clinical Sciences Building (CSB), LKCMedicine Novena Campus	Dr Elaine Gomez Ms Suelyn Chan	elaine_gomez@cgh.com.sg suelyn_chan@cgh.com.sg
Day 02	Pitch–Side Medical Cover (Part I)	31 May 2025, Saturday, 8.30am -- 12:00pm, Learning Studio, Level 5, Clinical Sciences Building (CSB), LKCMedicine Novena Campus	Dr Ng Chung Sien/ Dr Xu Cunzhi	chung_sien_ng@cgh.com.sg cunzhi_xu@cgh.com.sg
	Pitch–Side Medical Cover (Part II)	31 May 2025, Saturday, 1:00pm -- 5:30pm, Learning Studio, Level 5, Clinical Sciences Building (CSB), LKCMedicine Novena Campus		
Final Examination				
1	Objective Structured Clinical Examination (OSCE)	14 Jun 2025, Saturday, 8:00am – 3:00pm (Timing subject to changes), Communication Suite, Level 6, LKCMedicine Novena Campus		
2	Written Paper (MCQ)	5 Jul 2025, Saturday, 3:00pm – 5:30pm, Learning Studio, Level 5, Clinical Sciences Building (CSB), LKCMedicine Novena Campus		

Information provided above is correct at the point of publishing and is subjected to changes.

Important Notes

1. All the modules are conducted online and are available at the start of the programme.
2. The main and supplementary course assessments (MCQ), workshops, summary training, OSCE and Final Examination Written Paper (MCQ) are conducted in-person on LKCMedicine Novena Campus.
3. The format of the course assessment is a 20-MCQ paper comprises of single best answer (SBA) questions.
4. There are two course assessment attempts for each module, i.e. main and supplementary course assessments. Students do not have to attempt two course assessments for each module. The supplementary course assessment is for students who did not manage to obtain a pass grade for the main course assessment.
5. The supplementary course assessment is not meant for students to be excused from the main course assessment as it is designed primarily for those who did not pass the main course assessment, to have a second chance at it. The supplementary course assessment is only open for those who are not able to attend the main assessment due to unforeseen circumstances.

Student who did not attend the main course assessment would only have one attempt at the course assessment for the affected modules. Any student who is not successful in obtaining a pass grade for the supplementary course assessment of any of the six online courses, would have to retake the course assessment for the specific course(s) with the subsequent cohort a year later.

The student will continue with the remaining components of the GDSM programme in the current intake, except for the Summary Training and the Final Examination (OSCE and Written Paper) which they will participate with the subsequent intake.

6. The format of the Final Examination Written Paper is a 50-MCQ paper comprises of single best answer (SBA) questions.
7. There is only one attempt each for the OSCE and Final Examination Written Paper (MCQ). Any student who is not successful in obtaining a pass grade for the OSCE and Final Examination Written Paper (MCQ), would have to retake the OSCE and Final Examination Written Paper (MCQ) with the subsequent cohort a year later.