

## AY2023-24 Academic Calendar

Topic		Run Date	Lecturer	
<b>MD6001 Principles of Sports and Exercise Medicine</b>				
1.1	<b>Cardiorespiratory response to exercise</b>	24 Jul 2023 – 30 July 2023	Dr Frankie Tan	frankietina@gmail.com
1.2	<b>The effects of exercise on the musculoskeletal system</b>	31 Jul 2023 – 6 Aug 2023	Dr Edwin Chong	chong_edwin@defence.gov.sg
1.3	<b>Biomechanics of walking, running, swimming, throwing and racquet sports</b>	7 Aug 2023 – 13 Aug 2023	Dr John Tan Asst. Prof. Cyril Donnelly	john.tan@nie.edu.sg
1.4	<b>Principles of Injury prevention and rehabilitation</b>	14 Aug 2023 – 20 Aug 2023	Ms Adele Ang	adeleang@gmail.com
	<b>Reading Week</b>	21 Aug 2023 – 25 Aug 2023		
	<b>Course Assessment (Main)</b>	26 Aug 2023, Saturday, 3:00pm - 4:00pm, Learning Studio, Level 5, Clinical Sciences Building (CSB), LKCMedicine Novena Campus		
	<b>Course Assessment (Supplementary)</b>	16 Sep 2023, Saturday, 3:00pm - 4:00pm, Seminar Room 7-1, Level 7, Clinical Sciences Building (CSB), LKCMedicine Novena Campus		

MD6002 Sports Injuries I				
2.1	Fundamentals of sports medicine (pathophysiology, diagnosis, investigation)	4 Sep 2023 – 10 Sep 2023	Adj Assoc Prof Kelvin Chew	kelvin.chew.t.l@singhealth.com.sg
2.2	The foot, ankle and leg	11 Sep 2023 – 17 Sep 2023	Adj Assoc Prof Wong Yue Shuen	yueshuen@gmail.com
2.3	The knee	18 Sep 2023 – 24 Sep 2023	Adj Asst Prof Ivy Lim Adj Asst Prof Lim Ang Tee	ivy.lim@singhealth.com.sg lim.ang.tee@singhealth.com.sg
2.4	The hip, groin and pelvis	25 Sep 2023 - 1 Oct 2023	Dr Joshua Li Zhongyi	Joshua.li@singhealth.com.sg
	Reading Week	2 Oct 2023 – 6 Oct 2023		
	Course Assessment (Main)	7 Oct 2023, Saturday, 12:30pm - 1:30pm, Learning Studio, Level 5, Clinical Sciences Building (CSB), LKCMedicine Novena Campus		
	<u>Workshop</u> Physiological testing - lecture & demonstration Performance testing for sports performance	7 Oct 2023, Saturday, 2:00pm – 6:00pm, Communication Suite, Level 6, Clinical Sciences Building (CSB), LKCMedicine Novena Campus	Dr Fabian Lim	fabianlim@ntu.edu.sg
	Course Assessment (Supplementary)	28 Oct 2023, Saturday, 3:00pm - 4:00pm, Seminar Room 7-1, Level 7, Clinical Sciences Building (CSB), LKCMedicine Novena Campus		
MD6003 Sports Injuries II				
3.1	The lumbar spine	16 Oct 2023 – 22 Oct 2023	Adj Assoc Prof Wong Yue Shuen	yueshuen@gmail.com
3.2	The shoulder	23 Oct 2023 – 29 Oct 2023	Adj Assoc Prof Wong Yue Shuen	yueshuen@gmail.com
3.3	The elbow, wrist and hand	30 Oct 2023 – 5 Nov 2023	Dr Lim Baoying	baoying_lim@cgh.com.sg
3.4	The cervical spine and concussion in sports	6 Nov 2023 – 12 Nov 2023	Dr Victor Tan Dr Mandy Zhang	victor.tan.a.k@singhealth.com.sg mandy.zhang.j@singhealth.com.sg
	Reading Week	13 Nov 2023 – 17 Nov 2023		

	Course Assessment (Main)	18 Nov 2023, Saturday, 3:00pm - 4:00pm, Learning Studio, Level 5, Clinical Sciences Building (CSB), LKCMedicine Novena Campus		
	Course Assessment (Supplementary)	9 Dec 2023, Saturday, 3:00pm - 4:00pm, Seminar Room 7-1, Level 7, Clinical Sciences Building (CSB), LKCMedicine Novena Campus		
MD6004 Medical Considerations in Exercise and Sports				
4.1	Risks and benefits of physical activity and exercise	27 Nov 2023 – 17 Dec 2023	Adj Assoc Prof Benedict Tan	benedict.tan.c.l@singhealth.com.sg
4.2	Pre-participation screening		Adj Asst Prof Lim Ang Tee	lim.ang.tee@singhealth.com.sg
4.3	Clinical Exercise Testing and Cardiovascular Screening Tests		Adj Assoc Prof Anna Tong Khim Leng Dr Chai Hui Zhong	tong.khim.leng@singhealth.com.sg chai.hui.zhong@singhealth.com.sg
4.4	Exercise Prescription for Health and Common Chronic Disease		Dr Ng Chung Sien	chung_sien_ng@cgh.com.sg
Break		18 Dec 2023 – 7 Jan 2024		
	Reading Week	8 Jan 2024 – 12 Jan 2024		
	Course Assessment (Main)	13 Jan 2024, Saturday, 12:00pm - 1:00pm, Learning Studio, Level 5, Clinical Sciences Building (CSB), LKCMedicine Novena Campus		
	Workshop Physical examination techniques	13 Jan 2024, Saturday, 1:30pm – 5:30pm, Communication Suite LKCMedicine Novena Campus	Adj Assoc Prof Roger Tian	roger.tian.h.h@singhealth.com.sg>
	Course Assessment (Supplementary)	3 Feb 2024, Saturday, 3:00pm - 4:00pm, Seminar Room 7-1, Level 7, Clinical Sciences Building (CSB), LKCMedicine Novena Campus		
20 hours Clinical Attachment		15 Jan 2024 – 30 April 2024, Sports Medicine Centre/Clinic at CGH, NUH, TTSH or KTPH		
MD6005 Exercise in Special Populations				
Chinese New Year (9 Feb – 11 Feb)		5 Feb 2024 – 11 Feb 2024		

5.1a	Injuries in the child and adolescent athlete	22 Jan 2024 – 28 Jan 2024	Dr Mohammad Ashik Zainuddin	mohammad.ashik.zainuddin@singhealth.com.sg
5.1b	Exercise in the elderly	29 Jan 2024 – 4 Feb 2024	Ms Teresa Wong	tsmwong@icloud.com
5.2	Exercise in the female athlete and pregnancy	12 Feb 2024 – 18 Feb 2024	Mr Micheal Lim Adj Asst Prof Ivy Lim	micheal.lim@hey.com ivy.lim@singhealth.com.sg
5.3	Exercise in people with disability	19 Feb 2024 – 25 Feb 2024	Adj Assoc Prof Cindy Lin	cinders358@gmail.com
5.4	Injuries in the military population	26 Feb 2024 – 3 Mar 2024	Dr Suriya Prakaash	suriya_prakaash@defence.gov.sg
	Reading Week	4 Mar 2024 – 8 Mar 2024		
	Course Assessment (Main)	9 Mar 2024, Saturday, 3:00pm - 4:00pm, Learning Studio, Level 5, Clinical Sciences Building (CSB), LKCMedicine Novena Campus		
	Course Assessment (Supplementary)	30 Mar 2024, Saturday, 3:00pm - 4:00pm, Seminar Room 5-1, Level 5, Clinical Sciences Building (CSB), LKCMedicine Novena Campus		
MD6006 Thermal Stress, Drug Use in Sports, Sports Nutrition and Event Medical Cover				
6.1	Exercise in extreme environments and thermal injuries	18 Mar 2024 – 24 Mar 2024	Dr Fabian Lim	fabianlim@ntu.edu.sg
6.2	Doping in sports and the WADA code	25 Mar 2024 – 31 Mar 2024	Dr Teoh Chin Sim	teoh.chin.sim@ktph.com.sg
6.3	Principles of sports nutrition	1 Apr 2024 – 7 Apr 2024	Dr Fabian Lim Dr Koh Han Chow	fabianlim@ntu.edu.sg
6.4	Travelling with a team and event medical cover	8 Apr 2024 – 14 Apr 2024	Adj Assoc Prof Kelvin Chew	kelvin.chew.t.l@singhealth.com.sg
	Reading Week	15 Apr 2024 – 19 Apr 2024		
	Course Assessment (Main)	20 Apr 2024, Saturday, 12:30pm - 1:30pm, Learning Studio, Level 5, Clinical Sciences Building (CSB), LKCMedicine Novena Campus		
	<u>Workshop</u> Exercise Prescription Practicum	20 Apr 2024, Saturday, 2:00pm – 5:00pm, Learning Studio, Level 5, Clinical Sciences Building (CSB), LKCMedicine Novena Campus	Dr Ng Chung Sien	chung_sien_ng@cgh.com.sg

	<b>Course Assessment (Supplementary)</b>	11 May 2024, Saturday, 3:00pm - 4:00pm, Seminar Room 7-1, Level 7, Clinical Sciences Building (CSB), LKCMedicine Novena Campus
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Summary Training				
Day 01	<b>OSCE Briefing</b>	24 May 2024, Friday, 8:30am – 9.30am, Seminar Room 7-1, Level 7, Clinical Sciences Building (CSB), LKCMedicine Novena Campus	Adj Assoc Prof Roger Tian	roger_tian@ntu.edu.sg
	<b>Podiatry Workshop</b>	24 May 2024, Friday, 9:45am – 10:45am, Seminar Room 7-1, Level 7/Learning Studio, Level 5, Clinical Sciences Building (CSB), LKCMedicine Novena Campus	Mr Tye Lee Tze	tyeletze@yahoo.com.sg
	<b>Radiological investigations</b>	24 May 2024, Friday, 11:00am – 1:00pm, Seminar Room 7-1, Level 7/Learning Studio, Level 5, Clinical Sciences Building (CSB), LKCMedicine Novena Campus	Dr Chong Le Roy	le_roy_chong@cgh.com.sg
	<b>Principles of rehabilitation - lecture &amp; practicum</b>	24 May 2024, Friday, 2:00pm – 6:00pm, Learning Studio, Level 5, Clinical Sciences Building (CSB), LKCMedicine Novena Campus	Dr Elaine Gomez Ms Suelyn Chan	<a href="mailto:elaine_gomez@cgh.com.sg">elaine_gomez@cgh.com.sg</a> <a href="mailto:suelyn_chan@cgh.com.sg">suelyn_chan@cgh.com.sg</a>
Day 02	<b>Pitch–Side Medical Cover (Part I)</b>	25 May 2024, Saturday, 8.30am -- 12:00pm, Learning Studio, Level 5, Clinical Sciences Building (CSB), LKCMedicine Novena Campus	Dr Ng Chung Sien/ Dr Xu Cunzhi	<a href="mailto:chung_sien_ng@cgh.com.sg">chung_sien_ng@cgh.com.sg</a> cunzhi_xu@cgh.com.sg
	<b>Pitch–Side Medical Cover (Part II)</b>	25 May 2024, Saturday, 1:00pm -- 5:30pm, Learning Studio, Level 5, Clinical Sciences Building (CSB), LKCMedicine Novena Campus		

Final Examination		
1	<b>Objective Structured Clinical Examination (OSCE)</b>	8 Jun 2024, Saturday, 8:00am – 3:00pm (Timing subject to changes), Communication Suite, Level 6, LKCMedicine Novena Campus
2	<b>Written Paper (MCQ)</b>	29 Jun 2024, Saturday, 3:00pm – 5:30pm, Learning Studio, Level 5, Clinical Sciences Building (CSB), LKCMedicine Novena Campus

Information provided above is correct at the point of publishing and is subjected to changes.

### **Important Notes**

1. All the modules are conducted online and are available at the start of the programme.
2. The main and supplementary course assessments (MCQ), workshops, summary training, OSCE and Final Examination Written Paper (MCQ) are conducted in-person on LKCMedicine Novena Campus.
3. The format of the course assessment is a 20-MCQ paper comprises of single best answer (SBA) questions.
4. There are two course assessment attempts for each module, i.e. main and supplementary course assessments. Students do not have to attempt two course assessments for each module. The supplementary course assessment is for students who did not manage to obtain a pass grade for the main course assessment.
5. The supplementary course assessment is not meant for students to be excused from the main course assessment as it is designed primarily for those who did not pass the main course assessment, to have a second chance at it. The supplementary course assessment is only open for those who are not able to attend the main assessment due to unforeseen circumstances.

Student who did not attend the main course assessment would only have one attempt at the course assessment for the affected modules. Any student who is not successful in obtaining a pass grade for the supplementary course assessment of any of the six online courses, would have to retake the course assessment for the specific course(s) with the subsequent cohort a year later.

The student will continue with the remaining components of the GDSP programme in the current intake, except for the Summary Training and the Final Examination (OSCE and Written Paper) which they will participate with the subsequent intake.

6. The format of the Final Examination Written Paper is a 50-MCQ paper comprises of single best answer (SBA) questions.
7. There is only one attempt each for the OSCE and Final Examination Written Paper (MCQ). Any student who is not successful in obtaining a pass grade for the OSCE and Final Examination Written Paper (MCQ), would have to retake the OSCE and Final Examination Written Paper (MCQ) with the subsequent cohort a year later.