

Project SMILE Post Event Report

Project SMILE (Special Memories in a Loving Environment) was successfully conducted on 11 May 2013 at Henderson Senior Citizens' Home.

No. of Elderly: 30

No. of Volunteers: 20

No. of Organising Team Members: 4

Programmes

1. Ice-breaking

Elderly played a few games where they won household items as prizes. This warms the elderly up before interacting with the volunteers.





2. Sing-along session



3. Hands-on activity: Making of Pork Dumplings

Volunteers prepared the dough and ingredients while the elderly were playing the ice-breaking games. Elderly and volunteers then interacted and made pork dumplings together.





4. Hands-on activity: Folding Chinese Dumpling Origami



Reflections

From the feedback given by the elderly, they were glad that we came and hoped that we could visit them again. Some volunteers also expressed that they would be back and they found the elderly to be very friendly. It was encouraging to know that the elderly enjoyed the day and we hope that this event leaves some memories in the elderly and the volunteers.