

COURSE CONTENT

Course Code / Title : HP4109 Clinical Interviewing and Counselling Skills

Pre-requisites : HP1000 + HP1100 or CS2008 (PSMA) + HP2700

No. of AUs. : 4

Contact Hours : 52

Course Aims

This course aims to introduce opportunities for students to have hands-on experience in developing and refining a range of emphatic listening, micro-counselling, and clinical interviewing skills. These are skills that are important in the developmental and maintenance of a productive therapeutic alliance, and for effective counselling and psychotherapy in applied clinical settings.

Intended Learning Outcomes (ILO)

By the end of the course, you should be able to:

1. Communicate and demonstrate basic interviewing skills (e.g., verbal and non-verbal attending, active listening, paraphrasing, reflection, questioning, and summarizing) and basic knowledge of aspects of the clinical interview and therapy process (e.g., mental status examination, goal setting). These are skills that are important in the process of therapeutic intervention, and development and maintenance of a productive therapeutic alliance.
2. Build a therapeutic alliance by integrating respect, empathy, and genuineness when interacting in simulated clinical experiences.
3. Develop an increased capacity for open and accurate self-evaluation of clinical skills.
4. Provide and receive constructive feedback to and from peers, and apply feedback into practice.
5. Cultivate awareness and demonstrate increased competence in applying micro-counselling and interviewing skills across a range of diversity variables (e.g., age, ethnicity, culture).

Course Content

- Building a Therapeutic Alliance
- Attending and Active Listening Skills
- Reflecting, Paraphrasing, and Summarising Skills
- Questions and Therapeutic Questions
- Conducting an Intake Interview
- Observation Skills: Client and Self
- Mental Status Examination

- Diagnosis and Treatment Planning
- Suicide Assessment
- Interviewing and Working with Young Clients
- Clinician Wellness and Self-Care Skills

Course Assessment

CA1	Reflection Papers	: 30%
CA2	Small Group Project	: 40%
CA3	Class Participation	: 10%
CA4	Applied Case Scenario	: 20%
Total		----- 100%

Reading and References

Sommers-Flanagan, J., Sommers-Flanagan, & Rita. (2023). *Clinical interviewing (7th ed.)*. John Wiley & Sons Inc.

Additional:

Geldard, D., Geldard, K., & Foo, R. Y. (2017). *Basic personal counselling: A training manual for counsellors (8th ed.)*. Sydney, Australia: Cengage Learning.

McConaughy, S. H., & Whitcomb, S. A. (2022). *Clinical interviews for children and adolescents: Assessment to intervention (3rd ed.)*. The Guilford Press.

Selected journal articles will be uploaded on NTULearn.

Planned Weekly Schedule (subject to changes, if any)

Week	Topic	Course LO	Readings/ Activities
Week 1	Introduction and Building a Therapeutic Alliance	1-5	Chapter 1, 2 Experiential exercises; Video demonstrations; Self-awareness questionnaire

Week 2	Attending and Active Listening Skills	1-5	Chapter 4, 5 Experiential exercises; Observations; Peer role-plays
Week 3	Reflecting, Paraphrasing and Summarising Skills	1-5	Chapter 6, 7 (Geldard et al.) Video demonstration; Peer role-plays
Week 4	Questions and Therapeutic Questions	1-5	Chapter 3 Peer role-plays
Week 5	Intake Interview	1-5	Chapter 3, 8 Demonstration; Peer role-plays
Week 6	Observation Skills: Client & Self	1-5	N/A Video reviews and practice; Peer role- plays and self- reflections
Week 7	Goal Directed Interviewing: Mental Status Examination	1-5	Chapter 9; Appendix in Book Video reviews; Peer role-plays; Written mental status exam reports practice
Week 8	Goal Directed Interviewing: Suicide Assessment	1-5	Chapter 10 Video demonstrations; Role-plays
Week 9	Goal Directed Interviewing: Diagnosis and Treatment Planning	1-5	Chapter 11 Demonstration; Peer role-plays
Week 10	Interviewing and Working with Young Clients	1-5	Chapter 13

			Role-plays; Incorporating games and activities into sessions
Week 11	Group Presentation	1-5	N/A
Week 12	Group Presentation	1-5	N/A
Week 13	Clinician Wellness and Self-Care Skills	1-5	Discussions; Experiential activities