

## COURSE CONTENT

<b>Course Code / Title</b>	: HP2700 Abnormal Psychology
<b>Pre-requisites</b>	: HP1000 + HP1100 or CS2008 (PSMA) + HP2200
<b>No. of AUs.</b>	: 3
<b>Contact Hours</b>	: 39

### Course Aims

This is an introductory module to provide an overview of the field of abnormal psychology. The course discusses a variety of psychological conditions and human behaviors that are traditionally considered outside of what we see as “normal.” We will explore the major approaches to understanding these psychological disorders described in the Diagnostic and Statistical Manual of Mental disorders (DSM; the most recent version is the fifth edition [DSM-5]), their manifestations, causes, risk factors, assessments, and treatments. The course emphasizes the scientific and research aspects of abnormal psychology. That is, it focuses on the knowledge obtained by rigorous scientific research methods. At the end of this module, students should have an overall understanding of the various psychological disorders and be able to provide an account of abnormal behaviors and psychological disorders observed in daily life. It is also the goal of this course that students achieve greater understanding and appreciation for the range of human behaviors. In addition, this course provides a foundation for other more advanced courses that cover the understanding and treatment strategies for psychological disorders. The knowledge learned in this course will serve as the foundation for related fields in health sciences, including clinical psychology, psychological counseling, social work, and rehabilitation.

### Intended Learning Outcomes (ILO)

By the end of the course, you should be able to:

1. Identify and describe various diagnostic categories of psychological disorders and mental illness.
2. Explain current understanding of the causes of various psychological disorders and mental illness.
3. Describe major treatment approaches to different psychological disorders.
4. Discuss critically and scientifically about psychological disorders and mental illness and their impact on society and consequences in everyday life.

### Course Content

Models of abnormality, diagnosis of mental illness, anxiety disorders, mood disorders (depression and bipolar disorders), eating disorders, schizophrenia and psychotic disorders, autism, attention deficit hyperactive disorder, personality disorders, gender disorders, somatic symptoms and dissociative disorders, stress and health.

**Course Assessment**

CA1	Individual Report	: 30%
CA2	Final Video Presentation	: 25%
CA3	Continual Evaluation – Quiz (CE)	: 30%
CA4	Tutorial Activities	: 10%
CA5	Class Participation	: 5%
<b>Total</b>		----- <b>100%</b>

**Reading and References**

Kring, A. M., & Johnson, S. L. (2017). *Abnormal Psychology: The Science and Treatment of Psychological Disorders, 14<sup>th</sup> edition*. Wiley.

**Planned Weekly Schedule (subject to changes, if any)**

Week	Topic	Course LO	Readings/ Activities
1	Introduction and Historical Overview	1, 2, 3, 4	Textbook Ch. 1
2	Current Paradigms of Psychopathology	1, 2, 3, 4	Textbook Ch. 2
3	Diagnosis and Assessment, Research Methodology Quiz 1	1, 2, 3, 4	Textbook Ch. 3, 4
4	Anxiety Disorders Quiz 2 Tutorial 1	1, 2, 3, 4	Textbook Ch. 6
5	OCD and Trauma-Related Disorders Quiz 3	1, 2, 3, 4	Textbook Ch. 7
6	Dissociative and Somatic Symptom-Related Disorders Quiz 4 Tutorial 2	1, 2, 3, 4	Textbook Ch. 8
7	Late Life and Neurocognitive Disorders / Legal & Ethical Issues Quiz 5 Paper Due	1, 2, 3, 4	Textbook Ch. 14, 16

8	Disorders of Childhood Quiz 6 Tutorial 3	1, 2, 3, 4	Textbook Ch. 13
9	Mood Disorders Quiz 7	1, 2, 3, 4	Textbook Ch. 5
10	Schizophrenia Quiz 8 Tutorial 4	1, 2, 3, 4	Textbook Ch. 9
11	Eating Disorders Quiz 9	1, 2, 3, 4	Textbook Ch. 11
12	Substance Abuse and Gender/Sexual Disorders Quiz 10 Tutorial 5	1, 2, 3, 4	Textbook Ch. 15
13	Personality Disorders Video Clip Due Online scoring	1, 2, 3, 4	Textbook Ch. 15