COURSE CONTENT

Course Code / Title: HP1000 Introduction to PsychologyPre-requisites: NilNo. of AUs.: 3

Contact Hours : 39

Course Aims

In this course you will receive a concise overview of contemporary psychology. The course aims to provide you with a scientific understanding of the mind, brain, behaviour and experience, and how these interact with the complex environments in which they exist. You should also develop an understanding of the role of empirical evidence in the creation and constraint of theory. Finally, you should develop an understanding of how psychological theory applies to a wide range of real world questions.

Intended Learning Outcomes (ILO)

By the end of the course, you should be able to:

- 1. Describe key psychological theories and concepts, including both strengths and limitations
- 2. Recognise the subjective and variable nature of individual experience
- 3. Describe how brain, mind and environment interact to influence human behavior and development
- 4. Reason scientifically, understand the role of evidence and make critical judgements about arguments in Psychology
- 5. Articulate specific examples of how psychological theory applies to questions in the real world
- 6. Demonstrate a practical understanding and experience of psychological research
- 7. Take charge of your own learning and conduct self-directed study

Course Content

- Sensation and Perception
- Learning
- Memory
- Personality
- Social Psychology
- Biopsychology and Neuroscience
- Sensation and Perception
- Cognition
- Development over the Lifespan
- Consciousness
- Psychological Disorders

Course Assessment

Total		100%	
CA4	Final Examination	: 50%	
CA3	Midterm Quiz	: 35%	
CA2	Research Participant (RP) or Essay	: 5%	
CA1	Participation	: 10%	

Reading and References

Zimbardo, Johnson, & Hamilton, Psychology: Core Concepts, 7/E (Pearson New International Edition)