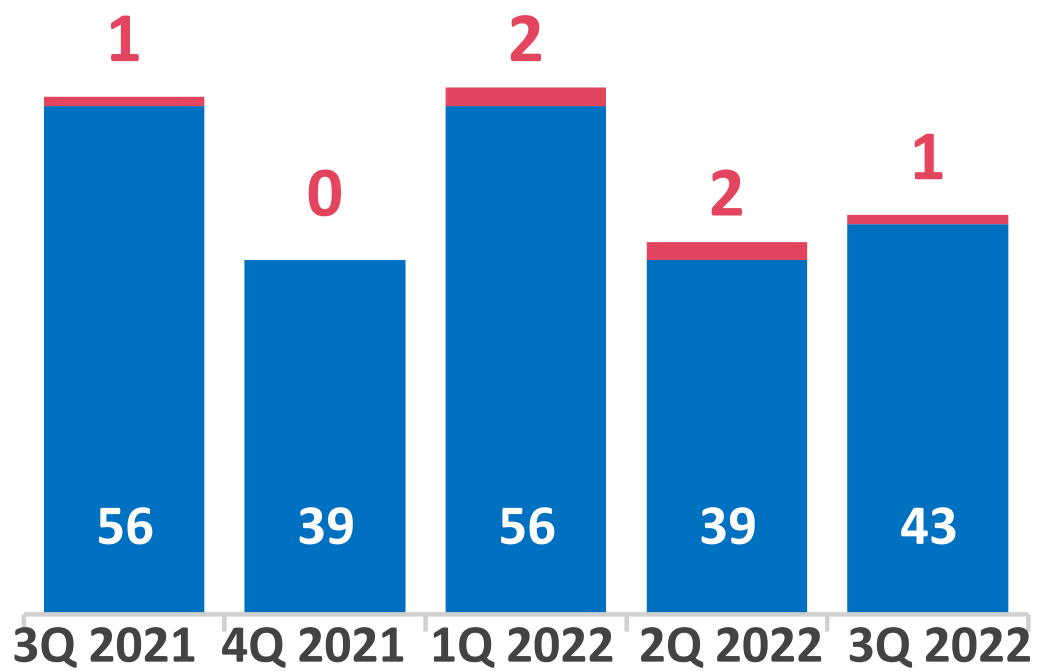


Prevention of Slips, Trips and Falls (STF)



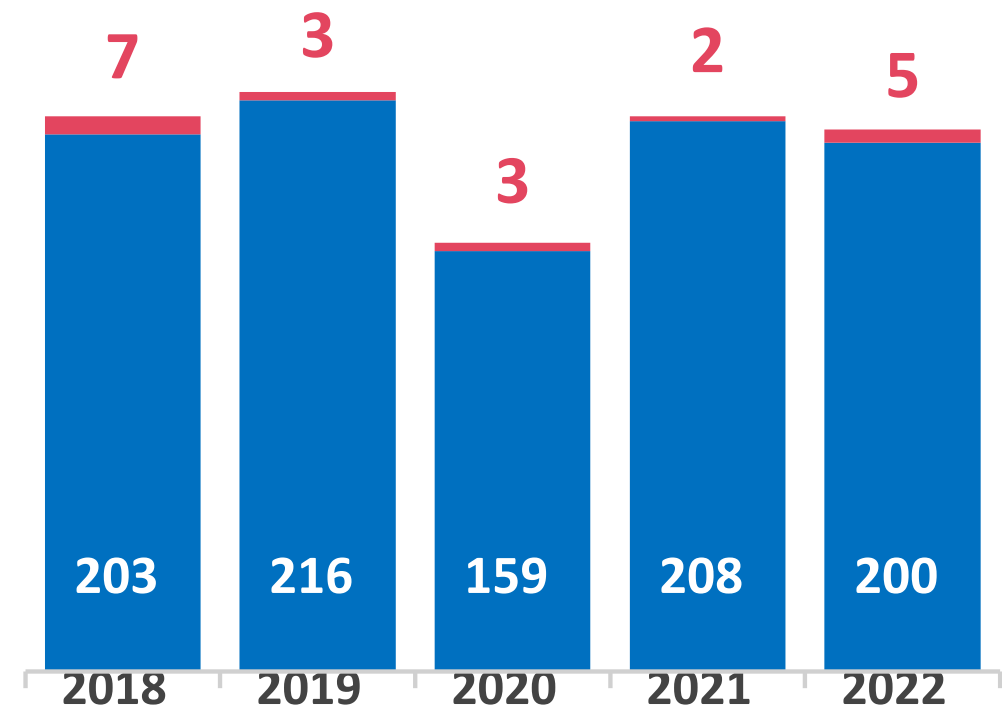
MINISTRY OF MANPOWER

Slips, Trips & Falls
Fatal Injuries
Major Injuries



MINISTRY OF MANPOWER

Slips, Trips & Falls
Fatal Injuries
Major Injuries



According to the statistics from the Ministry of Manpower, Slips, Trips & Falls (STF) remains one of the **top causes of major injuries** in Singapore

Statistics on STF:

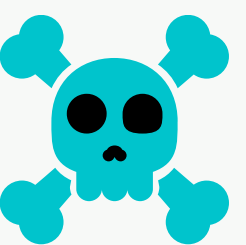
- Top causes of workplace deaths
- Most common causes of workplace injuries. STF can cause sprains, strains, fractures, head injuries and deaths
- Account for more than 25% of all workplace injuries and affected more than 3,000 employees each year between 2014 and 2018



Prevention of Slips, Trips and Falls (STF)

Other than the minor sprains or strains, STF can cause more severe injuries such as:

- Back injuries due to the impact from the fall
- Broken bones due to the impact when trying to break the fall
- Burns if it happens near any hot surfaces or when the person is handling hot fluids
- Cuts if the incident occurs near any sharp objects
- Head injuries if the person hits the head upon impact
- Death in certain situation such as when a person slip and fall off from edge of a building

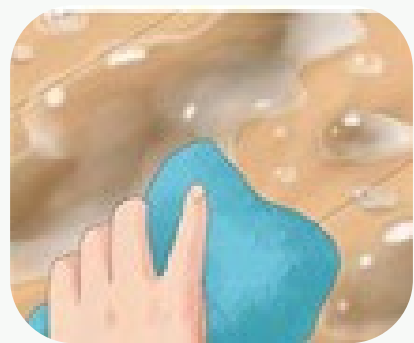


STF can happen in any workplace and we should pay attention to prevent it.

Examples of STF Prevention Which We Can Do:

Hazards

- Wet flooring due to spills or during floor mopping
- Inadequate footwear (e.g. worn-out shoes)



Risk Control Measures

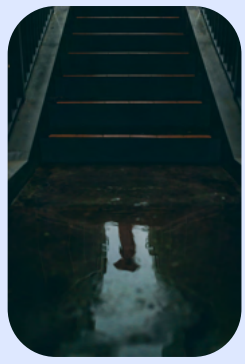
- Clean up the spills immediately. Place warning signs to warn of slippery surfaces (e.g. floors that have just been mopped)
- Wear covered shoes with proper soles (e.g. non-slip work shoes)



Prevention of Slips, Trips and Falls (STF)

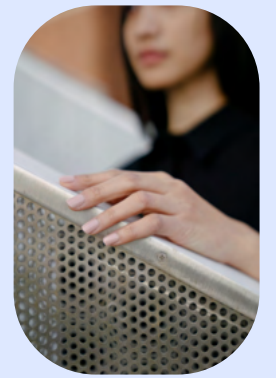
Hazards

- Obstacles within a walkway (e.g. boxes, protruding objects, wires)
- Slippery stairs due to rain
- Distractions (e.g. using a handphone while walking)
- Temporary cables on floors which can cause tripping



Risk Control Measures

- Keep walkways and access ways free of obstacles
- Hold the railing and go down/up slowly the stairs
- Advise person not to use their handphones while walking
- Tape down power cords or cables to prevent tripping



Notes:

1. Do not endanger yourself or others with unsafe behaviour (e.g. when it is raining and the stairs are wet, please take caution and slowly walk on the stairs whilst holding the railing for safety.)

2. Report any hazards you spot (e.g. damaged floor tiles, curled mats), and place a warning sign to alert others before the hazard is removed



3. Report any STF incident promptly via the [NTU incident reporting tool](#) -> click on "**For Health & Safety Related Incident**" Tab

For Health & Safety related incident

incident Reporting & Investigation System (iRis). Click here to report health and safety related incident. A health and safety related incident is any unintended event that occur which may lead to injury or condition