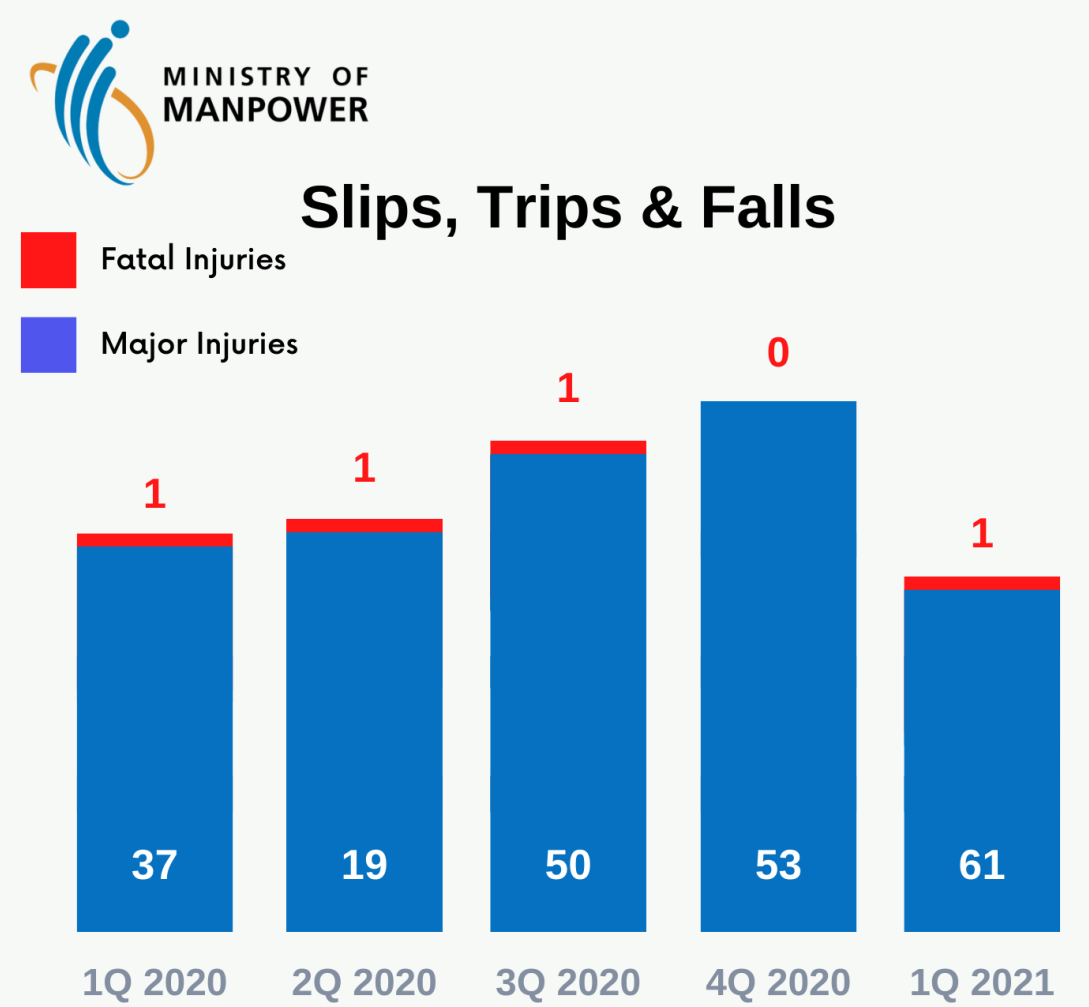


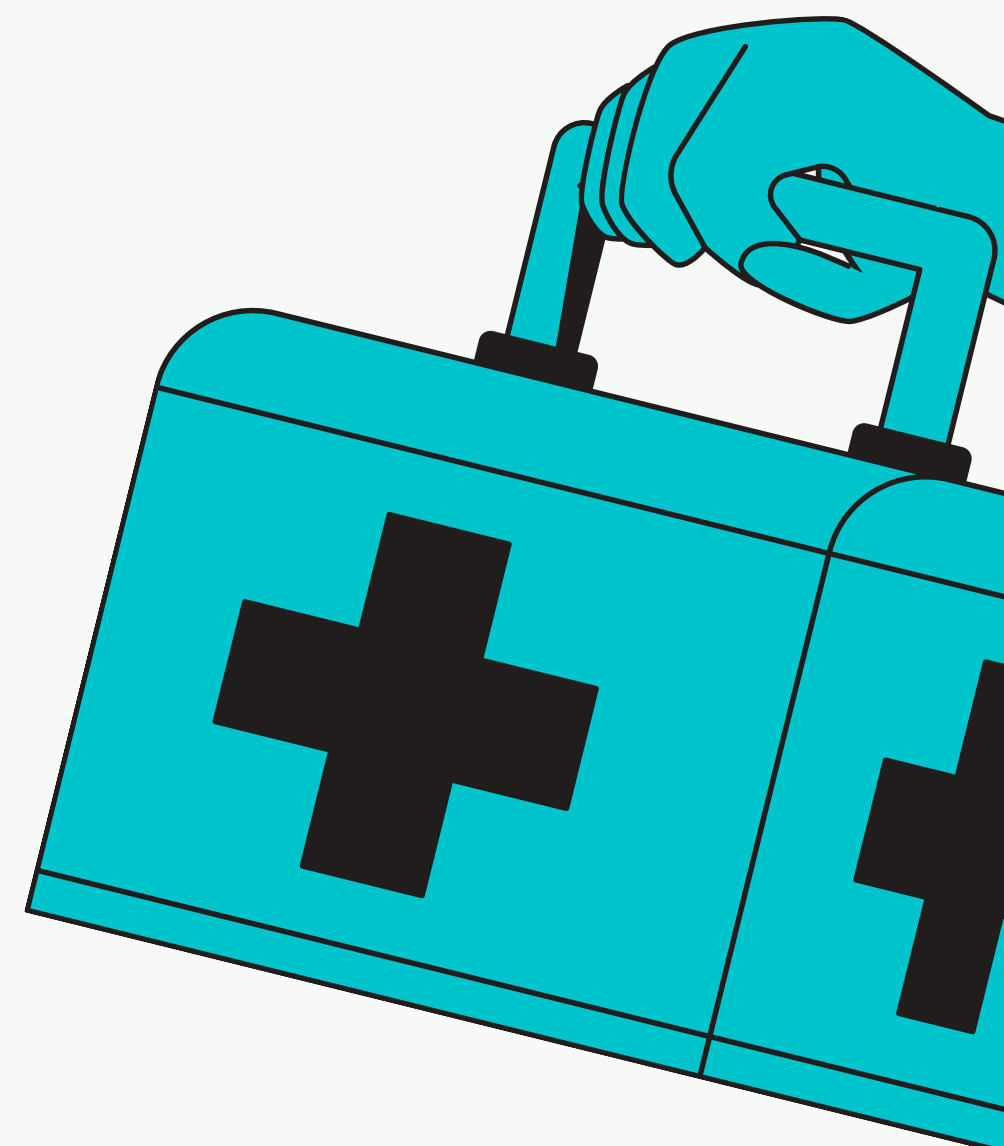
Prevention of Slips, Trips and Falls (STF)

According to the statistics from the Ministry of Manpower, Slips, Trips & Falls (STF) remains one of the top causes of major injuries in Singapore



Statistics on STF:




- STF are one of the **top causes** of workplace deaths
- STF are the most common causes of workplace injuries. It can cause sprains, strains, fractures, head injuries and deaths
- STF account for more than **25%** of all workplace injuries and affected more than **3,000** employees each year between 2014 and 2018





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Other than the minor sprains or strains, STF can cause more severe injuries such as:

- Back injuries due to the impact from the fall 
- Broken bones due to the impact when trying to break the fall
- Burns if it happens near any hot surfaces or when the person is handling hot fluids
- Cuts if the incident occurs near any sharp objects 
- Death in certain situation such as when a person slip and fall off from edge of a building
- Head injuries if the person hits the head upon impact 

STF can happen in any workplace and we should pay attention to prevent it.

Examples of STF Prevention Which We Can Do

Hazard

- Wet flooring due to spills or during floor mopping



Risk Control Measures

Clean up the spills immediately. Place warning signs to warn of slippery surfaces (e.g. floors that have just been mopped)



- Inadequate footwear (e.g. worn-out shoes)



Wear covered shoes with proper soles (e.g. non-slip work shoes)



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Hazard

- Obstacles within a walkway (e.g. boxes, protruding objects, wires)
- Poor workplace housekeeping
- Distractions (e.g. using a handphone while walking)
- Temporary cables on floors which can cause tripping



Risk Control Measures

- Keep walkways and access ways free of obstacles
- Keep floors and stairs clean and dry as much as possible
- Advise person not to use their handphones while walking
- Tape down power cords or cables to prevent tripping

Notes:

1. Not endanger yourself or others with unsafe behaviour (e.g. running across a wet floor or using a handphone while walking down the stairs)
2. Report any hazards you spot (e.g. damaged floor tiles, curled mats), and place a warning sign to alert others before the hazard is removed
3. Report any STF incident promptly via the [NTU incident reporting tool](#) -> click on "**For Health & Safety Related Incident**" Tab

For Health & Safety related incident

incident Reporting & Investigation System (iRis). Click here to report health and safety related incident. A health and safety related incident is any unintended event that occur which may lead to injury or condition.

