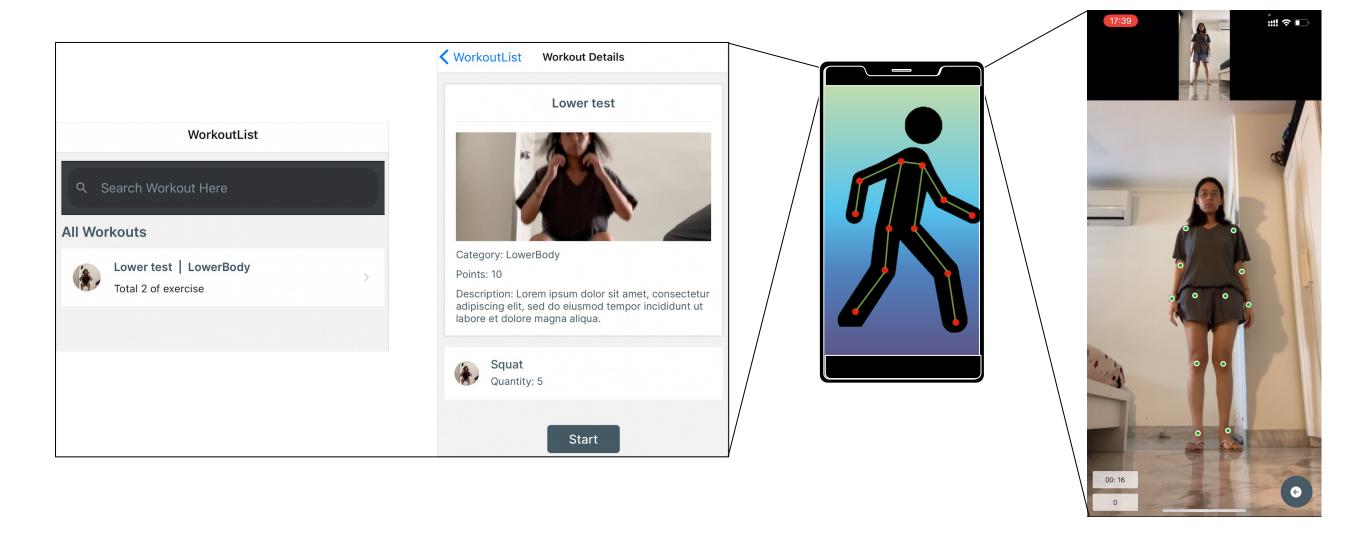
# PoseBuddy

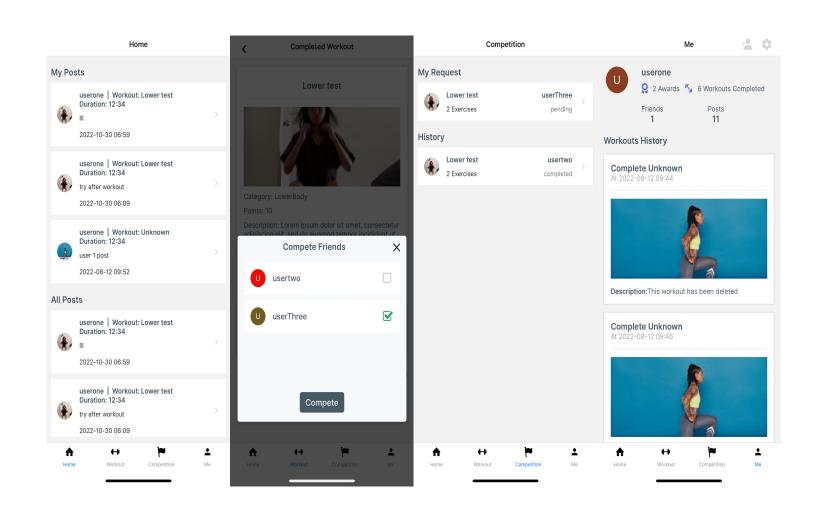
## **Workout Platform with MoveNet**

Student: Cai Zixin Supervisor: Dr Owen Noel Newton Fernando



## **Project Objectives:**

The main objective of this project is to implement a workout system consisting of a mobile application and web application that allows users to exercise anytime, anywhere in their fragmented time, and exercise with friends, promoting an active lifestyle. Using PoseBuddy, users can make friends, connect with friends, and motivate each other by sharing their workout journey and making competitions. At the same time, it helps users form a healthy and active lifestyle.



#### Features:

- Real-Time Pose Estimation
- Competition Among Friends
- Social Media Post Platform

#### Frameworks and Libraries:

