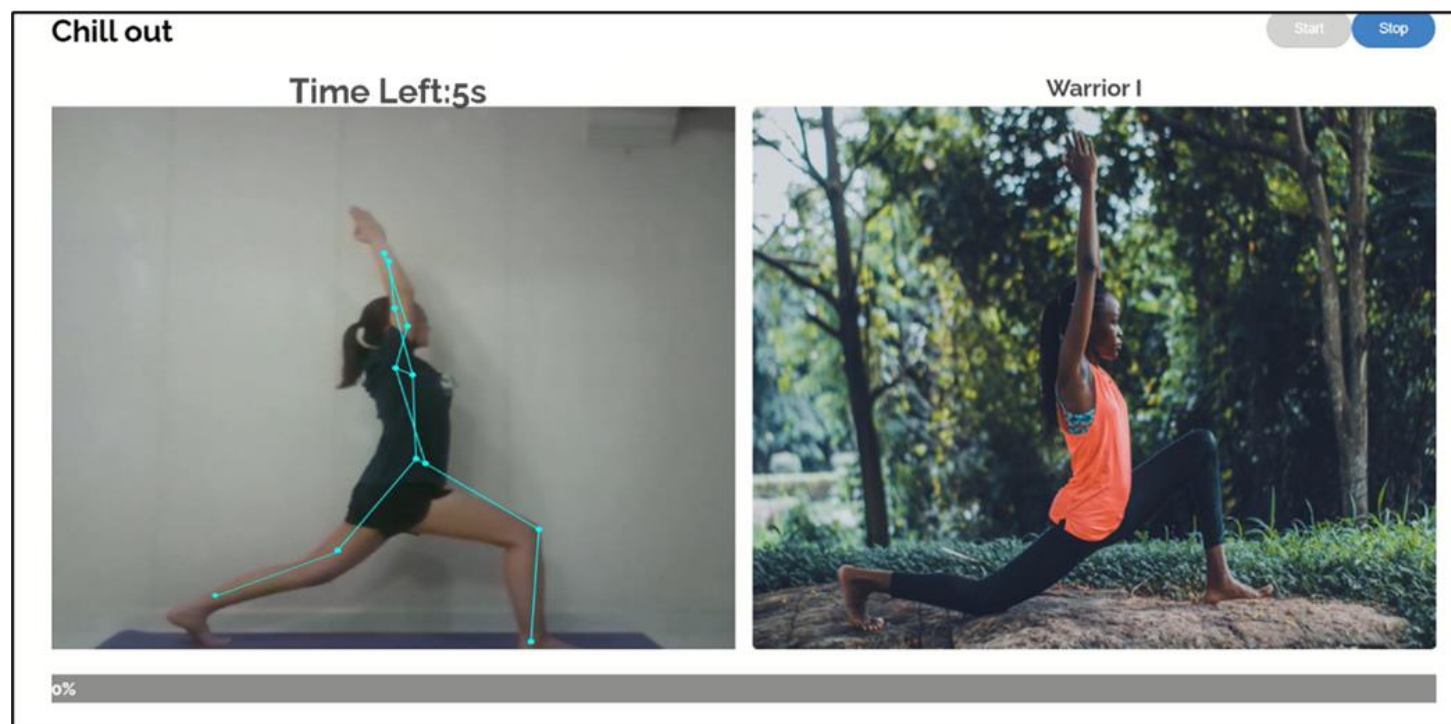


PoseBuddy

Workout Platform with PoseNet

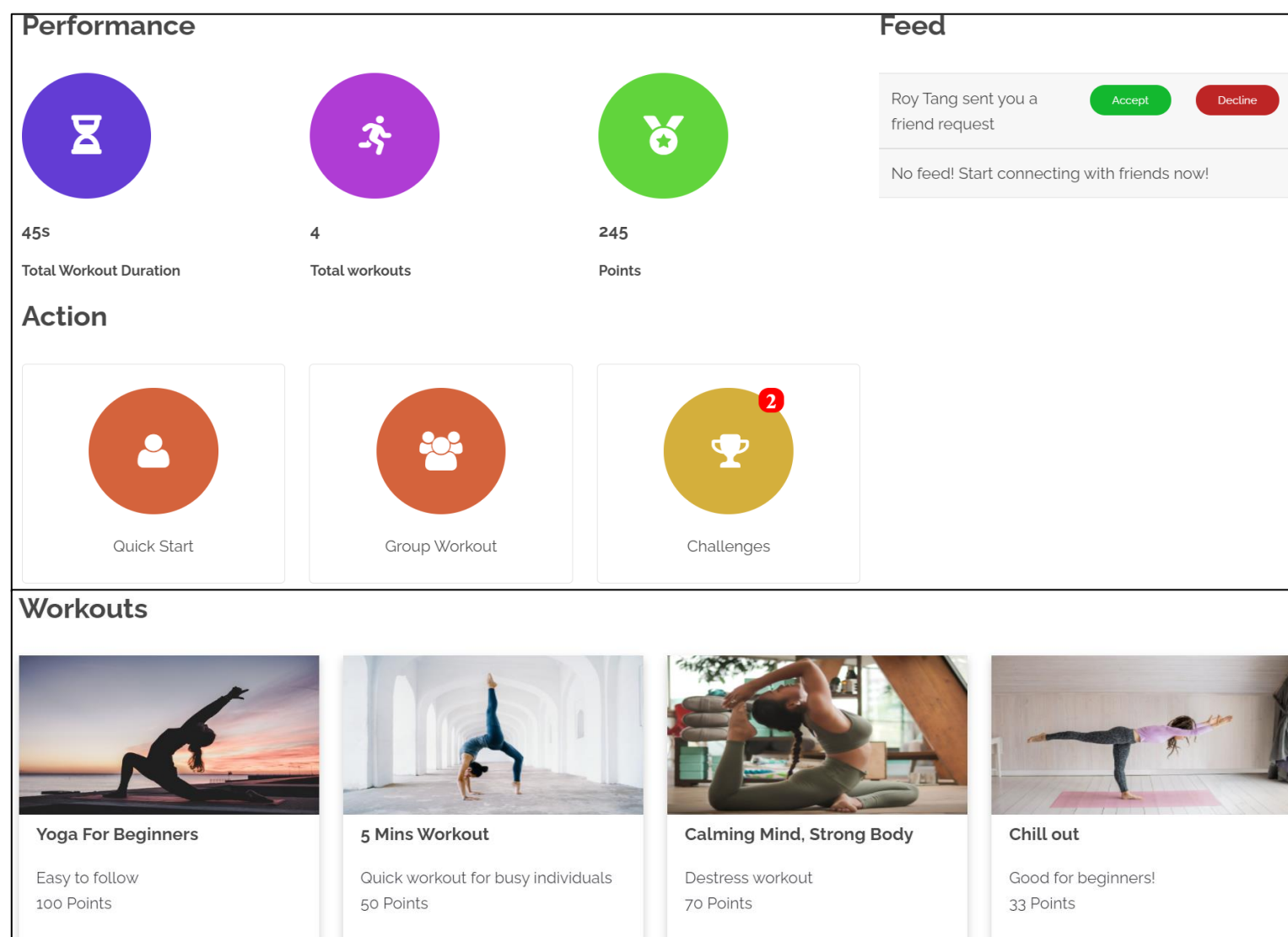
Student: Ong Jia Ying

Supervisor: Dr Owen Noel Newton Fernando



Project Objectives:

The main objective of this project is to implement a workout platform. This workout platform would be a web application that allows users to work out in the comfort of their own homes whilst clocking in the necessary time to maintain an active lifestyle. In addition, the exercises provided would utilize pose estimation to ensure users are doing each exercise with the correct posture. Users can also connect with their friends and send out various workout challenges.



Features:

- Real-Time Pose Estimation
- Personalized Challenges
- Collaborative Platform

Frameworks and Libraries:

