

First Aid Awareness Training Course



Synopsis:

Knowing what to do in the event of an emergency situation can mean a lot, be it at home or at our workplace. Learn about some of the basic first aid tips and bandage skill to preserve life and mitigate injury till help arrives.

This course is a general first aid awareness session that gives participants some basic first aid knowledge in responding to a medical emergency situation. It also serves as refresher training for First Aiders on how to perform first aid bandages.

Topics to be covered include:

- Introduction to an occupational first aid box;
- Types of medical conditions such as wounds, fractures and burns;
- Steps in clearing a choking adult;
- Common first aid bandages and hands-on practice.

Participants will be required to demonstrate first aid bandage skill with items provided.

Target audience: All NTU faculty, staff and students

Instruction methods: Lectures, demonstrations and hands-on practice

Duration: 2 hours

Information:

S/No.	Date	Registration Closing Date	Time	Venue
1	25 July 2012	11 July 2012	2.00 p.m. to 4.00 p.m.	OHS @SS1-01-04

Training will be conducted only when a class size of 15 is met, in which case the participant will be informed by email at least one week before the course commencement date.

Note: The [CPR+AED awareness training course](#) is available separately. Completion of course does not qualify you as a certified occupational first aider.