

# CPR + AED Awareness Training Course



## Synopsis:

Cardiopulmonary resuscitation (CPR) and defibrillation, provided immediately after sudden cardiac arrest, can significantly increase a victim's chance of survival.

In an effort to get more people trained in CPR and the use of Automated External Defibrillator (AED), the Office of Health and Safety (OHS) is offering CPR + AED training course that will equip participants with the necessary life-saving skills and confidence to respond during cardiac emergencies.

Target audience: All NTU faculty, staff and students

Instruction methods: Lectures, demonstrations and hands-on practice

Duration: 2 hours

## Information:

| S/No. | Date                | Registration Closing Date | Time                    | Venue          |
|-------|---------------------|---------------------------|-------------------------|----------------|
| 1     | 22 June 2012 (Full) | 8 June 2012               | 9.00 a.m. to 11.00 a.m. | OHS @SS1-01-04 |
| 2     | 22 June 2012        | 8 June 2012               | 2.00 p.m. to 4.00 p.m.  | OHS @SS1-01-04 |
| 3     | 27 July 2012        | 13 July 2012              | 9.00 a.m. to 11.00 a.m. | OHS @SS1-01-04 |

**Note: Completion of course does not qualify you as a certified occupational first aider.**