

# PESS+ ISSUES!

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July 2022  
Volume 8, Issue 2

PESS+ ISSUES! is a newsletter on research, teaching, and services in Physical Education and Sports Science (PESS)

People & Notable Services

### Assoc Prof Koh Koon Teck

#### □ Appointment

- Visiting Professor for the Mindanao State University, Iligan Institute of Technology (Philippines) from 1 April to 1 July 2022 to deliver lessons and public lectures to students and staff related to sport coaching and pedagogy.

#### □ Conference

- Oral Presentation (2022, May 30 - June 1) on the topic "Making Effective Teaching/Coaching Visible: A Mobile Application to Quantify Sports Skills and Values Incultation in Physical Education and Sports" at the Redesigning Pedagogy International Conference (RPIC) 2022, Singapore.

#### □ Workshops & Seminars

- Invited Speaker (2022, April 12). NIE Coaching Application: A tool for quantifying sport skills and values during PE and Sport lessons. This online sharing session was organized by Cluster Schools West7, Ministry of Education, Singapore.
- Invited Speaker (2022, March 30). A dialogue with PGDE student teachers on Character & Citizen Education in the Singapore context. This online session was organised by Policy, Curriculum and Leadership Academic Group, National Institute of Education, Singapore.
- Koh, K.T. (2022, February 26). Holistic health: Programmes, initiatives, and implementation strategies. This online international guest lecture series was organized by the University of the Immaculate Conception – Graduate school programme, Philippines. Media
- Newspaper Article (2022, March 1) on the topic "3x3 gets Shot in the Arm" in The Straits Times. Singapore will host the 5th edition of the FIBA 3x3 Asia Cup from July 6 to 10. This is in line with the Olympic qualification bid in a faster version of basketball. The Basketball Association of Singapore (BAS) president Koh Koon Teck is hoping to organize more 3x3 tournaments to popularize the sport among youth. He is looking forward to getting Singaporeans excited and supporting the local players.



- Media Interview (2022, May 12) on the topic "the performance of Team Singapore in the SEA Games and the development of competitive sports in Singapore" by Ch 8 Hello Singapore.

<https://www.8world.com/stories/hello-singapore/straight-talk-sea-games-2021-1806931>



- Media Interview (2022, May 23) on the topic "Team Singapore's overall performance and rising stars who caught his attention" by Ch 8 Hello Singapore.

#### □ Contribution to International and Local Community

- Chair of ACPES Board Member Meeting (2022, 3 to 5 June) by Sekolah Tinggi Olahraga and Kesehatan (STOK) Bina Guna Medan, Indonesia.
- Instructor (2022, May 25 - 26) for the in-service course on "Values and character education through PE and sport and beyond: The what and how".

**Editor** Assoc Prof Koh Koon Teck

**Chair, Editorial Team**

Dr Chung Ho Jin [hojin.chung@nie.edu.sg](mailto:hojin.chung@nie.edu.sg)

**Editorial Team Members**

Ery Ynelis Noorman, Rehana Mohd Zeckiriah

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## Assoc Prof Koh Koon Teck [Cont.]

### □ Book Chapter

- **Koh, K. T.**, Tan, W. L. Q., Lim, T. H., & Lee G. (2022, June 10) The coach education system for elite football coaches in Singapore. In T. M. Leeder (Ed.), *Coach education in football: Contemporary issues and global perspectives*. UK: Routledge. <https://www.routledge.com/Coach-Education-in-Football-Contemporary-Issues-and-Global-Perspectives/Leeder/p/book/9780367709792>

## Prof Michael Chia

### □ Appointment

- Visiting Professor University Technology Mara, Malaysia from 1 June 2022 to 31 May 2023.
- NIE Review Committee for Promotion & Tenure (PT28) on 8 February 2022.



## COACH EDUCATION IN FOOTBALL

CONTEMPORARY ISSUES AND GLOBAL PERSPECTIVES

Edited by  
Thomas Leeder



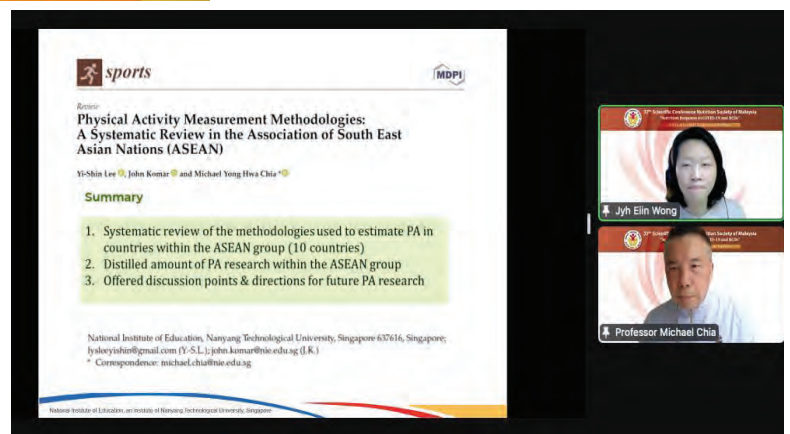
People & Notable Services



### □ Workshops and Seminars

- Invited speaker (2022, April 5) on the topic "Screen use among preschool children- why it matters" at a Ask the Expert series organised by the Centre for Fathering, Singapore. This was based in part on on-going findings of IISSAAR-Singapore (iissaar.com).

- Keynote speaker (2022, June 25) on the topic "Integrated 24-hour activity among preschool children before and in the Covid-19 pandemic" at the 2nd International Conference on Information Technology and Contemporary Sports, Guandong, China.
- Invited speaker (2022, May 6) on the topic "Anti-aging secrets revealed" at the Ask the Expert series organised by the Centre for Fathering, Singapore.



- Invited speaker (2022, June 22) on the topic "Regional physical activity & the emergence of 24-hour integrated activity guidelines" at the Nutrition Society of Malaysia 37th annual conference, Malaysia.

- Invited speaker (2022, June 23) on the topic "Adult stair use exercise: making the steps count" at the 1st Asian Society of Kinesiology Global Symposium, Taiwan.

### Assoc Prof Kong Pui Wah

#### □ Conference

- Invited speaker (2022, February 3) on the topic "how can you keep you career progressing when you become a mother?" at International Society of Biomechanics in Sports (ISBS) Mid-Year Virtual Symposium, the United Kingdom.

### Assoc Prof Chow Jia Yi

#### □ Appointment

- NTU Senator, NTU Academic Council 8th Senate in the term of service in AY2022.

### Assoc Prof Swarup Mukherjee

#### □ Conference

- Invited speaker (2022, March 30) on the topic "E-proctoring for online assessments in higher education – a shield for academic dishonesty or a cause of stress and anxiety?" at the Transform MedEd Conference series organised by Imperial College London and LKC Medicine NTU, Singapore.

### Asst Prof Cho Heetae

#### □ Appointment

- Member, NIE School Level Ethics Review Committee 2022 (For PESS)

### Asst Prof John Komar

#### □ Appointment

- Member, Data Steering Committee in NIE from 1 January 2022 to 30 June 2023.

### Mr Chia Peng Hwee Joel

#### □ Appointment

- Vice-President, Singapore Physical Education Association from 2022 to 2024.

### Assoc Prof Kee Ying Hwa, Adrian

#### □ Appointment

- NTU Sports Club Advisor, Student Affairs Office 2022

### Dr Chung Ho Jin

#### □ Appointment

- Working Committee Member, NIE Website Revamp Committee from 1 March 2022 to 30 June 2023.

#### □ Conference

- Invited speaker (2022, June 16) on the topic "Introducing Singapore 2010, the first Youth Olympic Games (YOG) for Gangwon 2024 YOG" at International Olympic Colloquium organised by Institute for Olympic Studies at Korea National Sport University, Seoul, Korea.

#### □ Guest Lecture

- Invited talk (2022, June 2) on the topic "Singapore's sustainable and long-term support for education recovery post COVID-19" at Graduate School of Seoul National University of Education, Seoul, Korea.



### Assoc Prof Chow Jia Yi (PI)

- An investigation on PE teachers' understanding and enactment of Nonlinear Pedagogy (2021~2023, NIE AcRF, S\$54,180)

### Asst Prof Cho Heetae (PI)

- An investigation on PE teachers' understanding and enactment of Nonlinear Pedagogy (2021~2024, NIE AcRF, S\$58,500)

- **Assoc Prof Kong Pui Wah**, NIE Excellence in Service Commendation Award 2021 (Teams)
- **Assoc Prof Burns Stephen Francis**, NIE Excellence in Teaching Commendation Award 2021
- **Assoc Prof Swarup Mukherjee**, NIE Innovation Commendation (Teams) 2021
- **Asst Prof Masato Kawabata**, NIE Excellence in Research Award 2021
- **Mr Chia Peng Hwee Joel**, NIE Innovation Commendation (Teams) 2021, Singapore Public Service Long Service Award (30 Years)
- **Ms Julisa Binti Sulaiman**, Long Service Award (10 Years)

- **Koh, K. T.** (2021, December). Coaching observation tool: The next frontier of values-driven sport practitioner feedback. *Learning@NIE*, 6, 16-19.
  - Loo, B., Tan, B., **Chia, M.**, et al. (in press). Consensus statement on Singapore integrated 24-hour activity guide for children and adolescents. *Annals Academy of Medicine Singapore*.
  - Lee, Y. S., **Chia, M.**, & **Komar, J.** (2022). A systematic review of physical activity intervention programs in ASEAN countries: Efficacy and future directions. *International Journal of Environmental Research and Public Health*, 19(9), 5357. <https://doi.org/10.3390/ijerph19095357>
  - Condello, G., Cortis, C., Tessitore, A., **Chia, M.** (2022). *Psychological and behavioral determinants of physical activity participation across the lifespan*. Lausanne: Frontiers Media SA. <https://doi.org/10.3389/978-2-88976-281-1>
  - Yeo, E. X. S., Chhabra, K., & **Kong, P. W.\*** (2022). Influence of combat boot types on in-shoe forces and perceived comfort during unloaded and loaded walking. *BMJ Military Health*. <https://doi.org/10.1136/bmjmilitary-2021-002061>
  - Loh, S. K., Lim, J. Z., Pan, J. W., Aziz, L., Lee, M. J. C., & **Kong, P. W.\*** (2022). Air pistol shooting – Upper limb muscle activation between training and simulated competition condition. *Sports Biomechanics*. <https://doi.org/10.1080/1476141.2021.1975812>
  - **Kawabata, M.\***, **Burns, S. F.**, Cheng, C. H., & Lee, K. (2022). Weekday breakfast habits and mood at the start of the school morning. *Nutrition and Health*. <https://doi.org/10.1177/02601060221105413>
  - Teo, J. H., **Burns, S. F.**, & **Kawabata, M.\*** (2022). Developing nutrition knowledge and attitude measures for athletes with the knowledge-attitude-behavior model. *Research Quarterly for Exercise and Sport*. <https://doi.org/10.1080/02701367.2021.1942771>
  - Johari, M. R., **Kee, Y. H.\***, & **Kong, P. W.** (in press). Validation of dance-specific balance test: Evidence from comparisons between dancers and nondancers. *Motor Control*.
  - Ong, N. C. H., **Kee, Y. H.\***, Pillai, J. S. Lim, H. B. T. & Chua, J. H. E. (2022) Problematic mobile phone use among youth athletes: A topic modelling approach. *International Journal of Sport and Exercise Psychology*. <https://doi.org/10.1080/1612197X.2022.2078856>
  - **Kawabata, M.**, & Chatzisarantis, N. L. D. (2022). Does time fly when you engage more? Effort intensity moderates the relationship between affect and time perception. *Current Psychology*. <https://doi.org/10.1007/s12144-022-03191-y>
  - **Kawabata, M.** & Mallett, C. J. (2022). Progressing the construct of enjoyment: Conceptualizing enjoyment as a proactive process. *Discover Psychology*, 2, 2. <https://doi.org/10.1007/s44202-021-00015-1>
  - Li, J., Kwong, W. H. P., Chan, Y. L. M., & **Kawabata, M.** (2022). Comparison of in vivo intradiscal pressure between sitting and standing in human lumbar spine: A systematic review and meta-analysis. *Life*, 12, 457. <https://doi.org/10.3390/life12030457>
  - Lye, C. M., & **Kawabata, M.\*** (2022). Perception of boredom in physical education lessons: What factors are associated with students' boredom experiences? *Journal of Teaching in Physical Education*. <https://doi.org/10.1123/jtpe.2021-0090>
- ## Students' Achievements
- ### Congratulations on 2021 SEA Games Medals!
- Current SSM Students
  - Quek Jun Jie Calvin (Athletics): 400m Hurdles (M) - Bronze, 4X400m Relay (M) – Bronze
  - SSM Alumni
  - Lim Xiang Qi Amanda (Swimming): 50m Freestyle (F) - Silver, 4X100m Freestyle Relay (F) – Gold
  - Lim Hui Ying Bernice (Bowling): Women's Team - Gold
- Not forgetting the following for their hard work and dedication in qualifying for the 2021 SEA Games!
- Current SSM Students
  - Chai Xin Yu, Keller (Archery): Women's Team
  - SSM Alumni
  - Beatrice Tan (Football): Women's Team
  - Fatin Ridzwan (Football): Women's Team
  - Lim Jia Min (Basketball): Women's Team
  - Lim Zhi Yan Amanda (Basketball): Women's Team
  - Pang Sheng Jun (Swimming): 200m Individual Medley (M)
  - Saw Jia Ning Deborah (Canoeing): K4 500m (W), K4 1000m (W)
  - Soh Sze Ying (Canoeing): K2 500m (W), K4 500m (W), K4 1000m (W)
  - PESS Alumni
  - Ahmad Arif Bin Ibrahim (Duathlon): Men Individual
  - Chan Chu Yin (Basketball): Women's Team